



48TH

Annual

CONFERENCE

PORTLAND, OR | JULY 11-14, 2023

program

49TH Annual Conference

ATLANTA, GA • JULY 31 – AUGUST 3, 2024
Renaissance Atlanta Waverly Hotel & Convention Center



**HOPE
TO SEE YOU
THERE!**



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**Thank you to the NAHN Portland Chapter for hosting
the 48th Annual Conference!**
We appreciate your hard work to make this event a success.



BETTY IRENE MOORE FELLOWSHIP SUPPORTS NURSE SCIENTISTS

Applications for 2024 cohort open Sept. 22

The Betty Irene Moore Fellowship for Nurse Leaders and Innovators is a national program developing the next generation of nurse leaders and innovators. The three-year fellowship provides \$450,000 in funding and advances early- to mid-career nursing scholars to accelerate leadership in nursing research, practice, education, policy and entrepreneurship.

Fellowship highlights

- Generous project funding — \$450,000
- Funding for the fellow's institution — \$50,000
- Innovative leadership curriculum with support from mentors
- Annual weeklong convocation in Sacramento, California
- Monthly online meetings supporting professional growth

Applications for the 2024 cohort close at 5 p.m. PST Dec. 1.

Save a date for an informational webinar

Friday, Sept. 22	Friday, Oct. 13	Friday, Nov. 3
Noon- 1 p.m. PDT	10-11 a.m. PDT	9-10 a.m. PDT

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for Nurse Leaders and Innovators

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 **DUQUESNE UNIVERSITY**
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Welcome

From the President



ADRIANNA NAVA, PHD,
MPA, MSN, RN

**President, National
Association of
Hispanic Nurses
(NAHN)**

Welcome to NAHN's 48th Annual Conference in breathtaking Portland, Oregon!

This is an exciting time for the National Association of Hispanic Nurses (NAHN) as our 48th annual conference brings together Latino nurses from across the country to celebrate the culture, achievements, and professional expertise of our membership. NAHN continues to seek new ways to continue our mission in delivering high-quality care to our patients and communities and advancing the leadership potential of Latino nurses in the U.S. and beyond.

Our conference theme this year is ***El Futuro de Nuestra Salud: Strategic & Sustainable Solutions for Transformative Health Equity & Inclusion in Nursing.*** We are excited to welcome and learn from our three keynote speakers, Dean Vincent Guilamo-Ramos, Dr. Bertha Hidalgo and Mr. Eric Alvarez. They each will share their experiences within the domains of leadership, research, and innovation, essential skills for nurse leaders. Our programming is consistent with our mission to advance educational, professional, and leadership opportunities for our membership to improve Latino health outcomes, elevate literacy, heighten education, and influence health policy.

Throughout the conference, please note that the Board of Directors are eager to meet you and help you network with other attendees. Be sure to share your business cards and/or be ready to add new colleagues to LinkedIn for a paperless experience. The Board and committee co-chairs will report on the status of the organization at the Annual Business Meeting and we kindly ask that you mark your calendar and plan to attend. We want to hear from you!

The Portland Chapter has also planned a number of activities for members to participate in, to enhance the conference experience in Portland. Remember to attend the gala to close out the conference and on this night, we will celebrate our scholarship and award winners and introduce our newly elected board of directors and nominating committee persons. On behalf of NAHN's Board of Directors, NAHN Education Committee and the NAHN Portland Chapter, we look forward to spending this special night with you!

A handwritten signature in black ink, appearing to read 'Adrianna'.



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General Information

NAHN Mission

NAHN is committed to advancing the health in Hispanic communities and to lead, promote, and advocate the educational, professional, and leadership opportunities for Hispanic nurses.

NAHN Value Statement

We, the members of the National Association of Hispanic Nurses:

- Engage in respectful, collaborative, purposeful and positive dialogue in the interest of a healthy organizational culture that creates value for the organization and the community.
- Nurture and mentor our members by sharing knowledge, skills, and resources to develop nurse leaders that will effectively impact the healthcare well-being of our communities.
- Strive for excellence and integrity, both in the profession and in our daily lives.
- Embrace innovation and forward-thinking, focusing on strategic outcomes that address the needs of our organization and our communities.

Conference Objectives

At the end of the conference, the participant will be able to:

1. Apply best practice strategies to promote the health and well-being of nurses across the nursing profession.
2. Integrate findings based on evidence, to resolve inequities and disparities among the Hispanic population impacting outcomes within the healthcare system.
3. Implement leadership skills to become change agents across the nursing profession to advance health equity.
4. Synthesize current best practices in education aimed at transforming delivery of care for patients and communities.

NAHN Purpose Statement

We celebrate the culture, caring and spirit of Hispanic nurses who are the leading voice of health in our communities.

Conference Theme

El Futuro de Nuestra Salud: Strategic & Sustainable Solutions for Transformative Health Equity & Inclusion in Nursing

Health and Safety Information

The National Association of Hispanic Nurses (NAHN) is committed to protecting the health and safety of conference attendees, partners, guests, and staff. To enable in-person events to take place with lower risk to participants, effective October 20, 2021, NAHN is requiring all in-person participants to be fully vaccinated.

The responsibility for a safe and healthy event environment is a shared responsibility among the event organizer, venues, and every participant. For the 2023 NAHN Annual Conference all in-person participants (including but not limited to presenters, attendees, exhibitors, guests, vendors, staff) are expected to be fully vaccinated. People are considered fully vaccinated two weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or two weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.

NAHN is committed to keeping our conference attendees safe, while creating an exceptional experience. We look forward to another exciting conference and thank you for your understanding and cooperation.

NAHN reserves the right to modify this policy at any time based on updated recommendations of the U.S. Centers for Disease Control and Prevention (CDC) and federal, state, and local health authorities.



General Information

Photographs and/or Video will be Taken at this Event.

By taking part in the NAHN Annual Conference, you grant NAHN full rights to use the images resulting from the photography/video filming, and any reproductions or adaptations of the images for fundraising, publicity, or other purposes to help achieve the group's aims. This might include (but is not limited to), the right to use them in their printed and online publicity, social media, press releases and funding applications. If you do not wish to be photographed, please contact a NAHN staff member at the registration desk.

Code of Conduct for Members

We celebrate the culture, caring, and spirit of Hispanic nurses who are the leading voice of health in our communities.

1. Reason for Policy

The purpose of the policy is to establish a professional code of conduct for leaders and members of the National Association of Hispanic Nurses (NAHN).

2. The Policy

We celebrate the culture, caring, and spirit of Hispanic nurses who are the leading voice of health in our communities. Leaders and members of the organization are expected to abide by the values of the organization and demonstrate professionalism throughout their interactions with internal and external stakeholders.

NAHN Value Statement

We, the members of the National Association of Hispanic Nurses:

- engage in respectful, collaborative, purposeful, and positive dialogue in the interest of a healthy organizational culture that creates value for the organization and the community.
- nurture and mentor our members by sharing knowledge, skills, and resources to develop nurse leaders that will effectively impact the healthcare well-being of our communities.
- strive for excellence and integrity, both in the profession and in our daily lives.
- embrace innovation and forward-thinking, focusing on strategic outcomes that address the needs of our organization and our communities.

Professional Characteristics of Members

- Approaches responsibilities in the spirit of a leader on behalf of the members and the organization.
- Welcomes information and best available advice but reserves the right to arrive at decisions based on own judgment.
- Supports NAHN board decisions, internally and externally, even when one may disagree with the majority opinion. Speaks with one voice when representing the organization.
- Offers opinions in an honest, respectful, and constructive manner to all members.
- Avoids or reports any possibility of conflict of interest.
- Understands legal and fiduciary responsibilities.
- Gives respect and consideration to the President, other board members and leaders.
- Clearly understands member responsibilities.
- Honors commitments, attends meetings on time, is well prepared and actively participates.
- Acts as an advocate for the organization and its members.
- Contributes expertise to assist the organization.

Unprofessional Conduct Policy

To promote the mission of NAHN, an environment needs to be maintained to promote professionalism and positivity, for the safety and benefit for all leaders and members. A positive working environment promotes efficiency, productivity, performance, teamwork, and camaraderie. Unprofessional conduct interferes with the organizational mission and values. Unprofessional conduct is any behavior or conduct that a reasonable person could find threatening, intimidating, or humiliating, or conduct that a reasonable person could feel undermines organizational performance. Generally, it is consistent and repeated conduct, unless the conduct was particularly egregious. Unprofessional conduct is more than just a disagreement or a personality conflict. This policy does not prohibit reasonable and constructive criticism, or appropriate disciplinary conduct in response to member misconduct.



General Information

Conduct Policy Continued

Conduct a reasonable person could feel undermines organizational performance includes:

- Withholding necessary information
- Purposely giving wrong information
- Assigning unreasonable duties or unachievable deadlines
- Belittling a person's opinions (especially in front of others)
- Constantly changing expectations
- Excluding a leader or member from meetings and other organizational events
- Sabotaging a leader's or member's performance, or destroying an individual's work product
- Excessive scrutiny or monitoring of a leader's or member's work beyond constructive criticism that is reasonable and warranted

Conduct a reasonable person could find threatening, intimidating, or humiliating includes:

- Pestering, spying, or intruding on one's privacy
- Spreading malicious rumors
- Yelling or using profanity
- Threatening conduct (such as finger wagging)
- Criticizing a person publicly
- Blaming someone for something they can't control
- Derogatory remarks, insults, and epithets
- Physical violence or threats of violence
- Argumentative online or email communication (which may include others)

The above list includes in-person conduct as well as conduct that takes place by text or e-mail, through the use of social media, or over the internet.

Anti-Harassment Policy

NAHN seeks to provide a safe, non-intimidating, productive work environment and to comply with all applicable anti-harassment and anti-discrimination laws, rules, orders, and regulations. NAHN prohibits harassment and discrimination of any kind. NAHN also prohibits any type of retaliation against anyone for opposing a discriminatory practice, filing a discrimination charge or complaint, providing information in an investigation of alleged discrimination, or participating or being a witness in a discrimination lawsuit, hearing, or proceeding.

This policy prohibits sexual harassment and harassment or discrimination in any form based on actual or perceived race, color, religion, sex, pregnancy, national origin, age, disability, genetic information, ancestry, marital status, order of protection status, military status, sexual orientation, unfavorable discharge from military, citizenship, work authorization status, arrest record, language, expunged or sealed convictions, homelessness, victim status or any other protected classification under federal, state, or local law.

Prohibited harassment includes, but is not limited to, behavior that is offensive, abusive, threatening, intimidating, or disruptive to others. These behaviors can be verbal or physical and can include, among other things, derogatory remarks, gestures, or jokes based on actual or perceived membership in one or more of the above-mentioned protected classifications, acting on stereotypes based on such classifications, displaying or distributing cartoons, posters, or other materials based on such classifications, unwelcome touching, pinching, or other physical contact, and any form of stalking or bullying. This policy prohibits any situation in which offensive sexual conduct or unwelcome sexual advances or requests are linked to or are a condition of any NAHN decision or create a sexually hostile, intimidating, or abusive work environment.



General Information

Anti-Harassment Policy Continued

Examples of behaviors that contribute to a sexually hostile, intimidating, or abusive work environment include, but are not limited to: sexually offensive or obscene remarks, jokes, advances, or gestures; requests for sexual favors; stereotyping based on an individual's gender or sex; unwelcome touching, pinching, or other physical contact; leering; displaying or distributing sexually offensive or obscene posters, cartoons, or other materials; and any form of stalking or bullying.

Reporting Unprofessional Conduct or Harassment

If you experience or witness any violations of the above policies, please notify the Executive Director and the President of NAHN.

NAHN's board of directors shall review any violation of these policies by a leader or member of NAHN. Pursuant to NAHN's bylaws, the board of directors have a duty to ensure that appropriate policies have been developed, adopted, and implemented. NAHN's board of directors, in its sole discretion, shall take any appropriate and necessary action against any member that violates these policies, including conducting any investigation deemed necessary and taking remedial action, if necessary. NAHN reserves the right to take any action deemed necessary, including immediate removal from a meeting without refund, and banning any violators from attendance at any future meeting or event. NAHN may modify these policies at any time and shall provide members with notice of any revised Policy.

Administrative Procedures

1. Submission of Complaint

- a. An electronic submission involving this code of conduct (a "submission of complaint") may consist of:
 - i. A request for a finding by the board of directors that a member of NAHN has violated the Code of Conduct rules.
 - ii. A request for a finding by the board of directors that a leader of NAHN (including board of directors or NAHN staff) has violated the Code of Conduct rules.
- b. Only electronic submissions via email will be considered, with this communication forwarded to the Executive Committee and Executive Director for initial review.
 - i. If a member of the initial review is named, this individual(s) will be excluded.
- c. Submissions may be made by any person or entity, regardless of whether a member of NAHN, including without limitation, other nurses and affiliates, healthcare institutions, allied health professionals, and patients or organizations representing any of the above.

2. Preliminary Review

- a. Upon preliminary review of a complaint the president and Executive Director may conclude, that the submission:
 - i. Contains insufficient information upon which to base an investigation;
 - ii. Is patently frivolous or inconsequential.
 - iii. Should be resolved by leadership at the local level
- b. In the event of any such conclusion by the president and Executive Director, the complaint shall be disposed of by notice from the Executive Director to its submitter.
 - i. This event will be tracked internally, with reason for close-out documented, and reported to the board at next scheduled board meeting

3. Investigation

- a. For each complaint involving this code of conduct that is deemed valid and actionable the Executive Committee shall conduct an investigation into its specific facts or circumstances to whatever extent is necessary in order to clarify, expand or corroborate the information provided by the complainant.



General Information

Administrative Procedures Continued

b. A member of the NAHN who is the subject of a complaint shall be informed in writing at the beginning of the investigation as to:

- i. The nature of the complaint
- ii. The obligation to cooperate fully in the investigation of the complaint
- iii. The opportunity to request a hearing on the complaint before the board of directors, after meeting with the Executive Committee.

c. Investigations shall

- i. Be conducted in confidence, with all written communications sealed and marked as "personal and confidential";
- ii. Be conducted objectively, without any prejudice;
- iii. Be directed toward any aspect of an inquiry or complaint which is relevant or potentially relevant;
- iv. Include interviews with the Executive Committee and the member who is the subject of the complaint and complainant.

d. Members who are named in the complaint and refuse to cooperate with the investigation will be considered for reprimand by the board of directors (4d)

4. Determination of Complaint

a. Information shared with the board of directors will include both the original complaint and findings and recommendation of the investigatory task force.

b. In the case of a complaint, the NAHN member will have the opportunity to make a statement in writing to the board of directors.

c. Decisions shall be issued by the board to the complainant after passage by a simple majority of the voting board members present. Quorum must be established for voting of the board of directors. Decisions will be sent in writing to the member under investigation within 30 days after completion of the hearing.

d. Decisions shall be issued by the board to the complainant after passage by a two-thirds majority of the entire board in one of the following four forms:

- i. Complaint is dismissed without sanction;
- ii. Reprimand, listing the member as not in good standing with the organization (does not allow member to serve on National Board or Committees for 1 year);
- iii. NAHN suspension of the member for a designated period for documented breach of code of conduct greater than 2 times in one year;
- iv. NAHN termination of membership indefinitely for documented breach of code of conduct greater than 3 times in one year.
- e. If the board fails to reach a 2/3 majority decision, then the complaint will be documented internally and dismissed.
- f. The tracking of complaints and high-level overview will be presented to membership during annual business meeting for transparency and accountability

5. Potential Additional Sanctions

a. In addition to the foregoing, in any case in which the board of directors determines that a member of the NAHN has breached the code of conduct, the board of directors may impose further sanctions prohibiting the sanctioned member from sponsoring, presenting, and otherwise participating in activities sponsored by NAHN.

b. Members of the NAHN who are suspended are deprived of all benefits of membership during the period of suspension, including board service at the local chapter or national level, and voting privileges will be revoked.

6. Appeal

a. Within 30 days after receipt of notice of a decision by the board of directors, the affected member may submit in writing a request for an appeal to the board. In such event, the board of directors shall establish an appellate body consisting of at least three but not more than five members of NAHN who did not participate in the investigation or in the board of directors' decision. The appellate body shall conduct and complete the appeal within 90 days after receipt of the request for an appeal.

Continuing Education

Continuing Nursing Education

NAHN is an approved CE provider by the District of Columbia Board of Nursing, Provider #50-14680. There are up to a total of 22.5 CEs possible for the Latino Leadership Institute and NAHN 48th Annual Conference. CEs for this program are available via the NAHN Conference App for each applicable session following the completion of a post-session evaluation.

To Claim CEs

To obtain CEs, or a Certificate of Attendance, please log in to our Mobile App. Surveys will be available within a few minutes of the session ending, and your CE certificate will be available immediately after all surveys have been completed. Please be sure to take all surveys before the portal closes on October 15, 2023.

Conflicts of Interest

A conflict of interest occurs when an individual has an opportunity to affect or impact educational content with which he or she may have a commercial interest or a potentially biasing relationship of a financial, professional or personal nature.

All planners and faculty/content specialist(s) must disclose the presence or absence of a conflict of interest relative to this activity. All potential conflicts are resolved prior to the planning, implementation, or evaluation of the continuing nursing education activity. All activity planning committee members and faculty/content specialists have submitted Conflict of Interest Disclosure forms.

The remaining program planning committee members and faculty/content specialists of this CE activity have reported no relevant professional, personal or financial relationships related to the planning or implementation of this CE activity.



Conference App

DOWNLOAD THE CONFERENCE APP

View the schedule and claim CEUs!

Make the Most of Your Conference Experience with the
NAHN 48th Annual Conference Mobile App!

Take Notes | View & Create Schedules | Speaker Biographies | Obtain CEUs

1. Download the eventScribe App



Scan the QR Code or go to the Apple App Store or Google Play and search for **eventScribe**.



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Install and open the eventScribe app. Find your event icon in the Upcoming Events (bottom row) or search for **NAHN 2023**.

Tap the event icon to launch your event's app.



NAHN 2023

2. Login to the App

To start using your event app, select **"Create Account"**

Enter Event Code: **NAHN2023**

Then type your **name** and **email address**.

If you already have an account, select "Login" and enter your username (your email) and password.



3. App Tips

Download the app before you go! Wi-Fi connection on-site can affect the functionality of the app.

Browse the event information and create a personal schedule by tapping on the star next to presentation titles.



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Leadership Faculty Speakers



Tuesday, July 11, 2023
10:30 - 11:30am

Empowering Leadership:
Creating Social Movements
to Break Equity Gaps

Norma Cerros, LLM – CEO & Founder of Womerang, Honorary Consul of Sweden for the States of Nuevo Leon & Coahuila, Mexico

Norma Cerros is a lawyer from the Tecnológico de Monterrey and has a Master's Degree in International Law from the School of Government and Public Transformation, as well as a Master's Degree in Law and Technology from the School of Law of the University of California, Berkeley (USA). Before facing her own glass ceiling, Norma worked as a corporate lawyer in different companies and for Santamarina y Steta, S.C.. In 2013 she worked as a consultant on international economic competition in the Office of International Affairs of the Federal Trade Commission (USA). Upon returning to the country and seeking to re-enter the workforce with a seven-month-old baby, she learned about the gender inequality that prevails in the workplace, and that is how she decided to switch careers and to start Womerang (www.womerang.org) in 2015, an organization that provides empowerment tools for women, and which seeks to transform the workplace with gender equality, diversity and inclusion. In 2019 she was appointed Honorary Consul of Sweden for the states of Nuevo León and Coahuila in México.



Tuesday, July 11, 2023
12:45 – 1:45pm

Leadership at the Intersection
of Technology & Nursing

Samantha Mourrain, MS, RN, BSN – Nurse Coordinator, Stanford Hospital & Clinics

Samantha Mourrain, RN, is a Patient Care Manager of the Pulmonary, Asthma, and Sleep Medicine Division at Stanford Medicine Children's Health. She currently serves as the Chair of the Technology and Informatics Council. She is the founder and coordinator of a cardiovascular multidisciplinary clinic for children with connective issues. Additionally, Mourrain is an educator for physicians and medical students in the Center for Immersive and Simulation-based Learning at Stanford University School of Medicine. Mourrain is a graduate of the Stanford University Clinical Informatics Management program (MCiM). She was trained in the UK and is a specialist in intensive care of adults, pediatrics, and neonates.



Tuesday, July 11, 2023
4:00 – 5:00pm

Hablemos Claro: Public
Speaking for Latino Leaders

YVONNE ARMENTA, MBA – Founder of Chats with Yvonne

Yvonne Armenta is a Public Speaking Creative and Founder of Chats with Yvonne, a community that helps Latinas & Introverts reconnect with and love the art of public speaking. As a keynote speaker for PBL World, NH Pace Summer Institute, the Aurora Institute and host of various public speaking workshops she learned by doing. Beyond the skills required to be a great speaker, Yvonne also challenges you to reflect on your experiences to create a map for your public speaking journey that is unique to you.

She is a first-generation college graduate, having received her Bachelor of Arts in Media Studies and Native American and Indigenous Studies from UC Berkeley and her Masters in Business Administration from San Jose State University. As a communications expert and the host for the Chats with Yvonne Podcast: Public Speaking con Cultura, her hope is to continue creating opportunities for more Latinas/os/es to confidently take the stage.



Latino Leadership Institute



Latino Leadership Institute (LLI) Agenda: Tuesday, July 11

Latino Leadership Institute (LLI) is a separate registration from Annual Conference

8:30am – 6:00pm <i>1st Floor Pre-Function</i>	Registration & Information Desk Open	CEU
9:00am – 5:00pm	Latino Leadership Institute	
9:00 – 9:30am <i>Morrison / Ross Island / Sellwood Room</i>	LLI Welcome and Team Activity Adrianna Nava, PhD, MPA, MSN, RN; NAHN President	0
9:30 – 10:30am <i>Morrison / Ross Island / Sellwood Room</i>	Leading from Within: Expanding Your Emotional Capacity to Lead Adrianna Nava, PhD, MPA, MSN, RN; NAHN President	1.2
10:30 – 11:30am <i>Morrison / Ross Island / Sellwood Room</i>	Empowering Leadership: Creating Social Movements to Break Equity Gaps Norma Cerros, LLM, CEO & Founder of Womerang, Honorary Consul of Sweden for the States of Nuevo Leon & Coahuila, Mexico	1.2
11:30 – 11:45am <i>Hawthorne Room</i>	Lunch Break	0
11:45am – 12:45pm <i>Morrison / Ross Island / Sellwood Room</i>	Lunch Session	0
12:45 – 1:45pm <i>Morrison / Ross Island / Sellwood Room</i>	Leadership at the Intersection of Technology & Nursing Samantha Mourrain, MS, RN, BSN, Nurse Coordinator, Stanford Hospital & Clinics	1.2
1:45 – 2:00pm	Coffee Break	0
2:00 – 2:45pm <i>Morrison/Ross Island/Sellwood Room</i>	Local Leadership: Igniting Change and Empowering Communities 1. Sylvia Pelroy, BSN, RN, NAHN Angeles del Desierto Chapter President 2. Carolina Frantz, MSN, RN, NAHN Pittsburgh Chapter President 3. Ashley Merida, BSN, RN, NAHN Phoenix Chapter President	0.9
2:45 – 3:45pm <i>Morrison / Ross Island / Sellwood Room</i>	Understanding Grants and Programming as a NAHN Leader Carli Zegers, PhD, MBA, APRN, FNP-BC; NAHN Treasurer & Chair of Finance Committee	1.2
3:45 – 4:00pm	Coffee Break	0
4:00 – 5:00pm <i>Morrison / Ross Island / Sellwood Room</i>	Hablemos Claro: Public Speaking for Latino Leaders Yvonne Armenta, Public Speaking Coach (<i>LLI & Students</i>)	1.2
5:00 – 6:00pm	Chapter President's Reception (<i>invitation only</i>)	0
	Free Night for Attendees & Students	0

Annual Conference Keynotes



Wednesday, July 12, 2023
10:00 – 11:00am

Mechanisms Through Which the Social Determinants of Health Shape Health Inequities in Latinos

Vincent Guilamo-Ramos, PhD, MPH, LCSW, RN, ANP-BC, PMHNP-BC, FAAN – Dean and Professor of the Duke University School of Nursing and Vice Chancellor for Nursing Affairs, Duke University; founding director of the Center for Latino Adolescent and Family Health (CLAFH) at Duke University

Vincent Guilamo-Ramos is Dean and Bessie Baker Distinguished Professor of the Duke University School of Nursing, Vice Chancellor for Nursing Affairs at Duke University, and director of the Center for Latino Adolescent and Family Health. Dr. Guilamo-Ramos is a nurse practitioner dually licensed in primary care and psychiatric-mental health nursing. Dr. Guilamo-Ramos' research examines the role of families in promoting adolescent and young adult health, with a focus on mitigating the mechanisms through which the social determinants of health (SDOH) shape health inequities. He has published over 100 manuscripts in leading peer-reviewed scientific and health journals. Dr. Guilamo-Ramos serves as a member of the Presidential Advisory Council on HIV/AIDS, the HHS Panel on Antiretroviral Guidelines for Adults and Adolescents, the CDC/HRSA Advisory Committee on HIV, Viral Hepatitis and STD Prevention and Treatment, and on the boards of the Power to Decide, Latino Commission on AIDS, and HIV Medicine Association. Dr. Guilamo-Ramos currently serves on the National Academies of Sciences, Engineering, and Medicine (NASEM) Unequal Treatment Revisited: The Current State of Racial and Ethnic Disparities in Healthcare Committee.



Thursday, July 13, 2023
9:00 - 10:00am

Equity in Action: Best Practice Strategies and Consideration to Promote Health and Well-Being of Hispanic Nurses and Patients

Bertha Hidalgo, PhD, MPH – Associate Professor of Epidemiology, School of Public Health at University of Alabama at Birmingham; Scientist, Center for AIDS Research, UAB School of Medicine; Scientist at Minority Health & Research Center and Center for Women's Reproductive Health, UAB General Clinical Research Center

Dr. Bertha Hidalgo an Associate Professor in the Department of Epidemiology at the University of Alabama at Birmingham. She holds degrees from Stanford University, the University of Southern California, and the University of Alabama at Birmingham. Her research focuses health inequities related to COVID-19, cardiometabolic diseases, with a special focus on Latino populations, genomics, and dissemination science. She leads DEI efforts at UAB including serving as director of the DRIVEN program, and nationally as voting member of the NCATS Diversity, Equity, and Inclusion Task Force.



Friday, July 14, 2023
11:45am – 12:45pm

The Nursing Shortage: The Pros and Cons of Available Solutions

Eric Alvarez, MSHSM – Founder and CEO of Grapefruit Health

Eric Alvarez is the CEO and Founder of Grapefruit Health, a company that is creating a brand-new workforce to help meet the significant shortage of healthcare workers today. He has held multiple positions within the healthcare industry. Most recently Eric was the COO of a healthcare technology startup called Fibroblast, which was acquired by the EMR giant Cerner Corporation in 2020. In this role, he oversaw product, development, human resources, finance, general company operations, and was active in all major sales cycles. Before joining Fibroblast, Eric was a hospital administrator at the University of Chicago Medicine and Northwestern Medicine. In these roles, he led large clinical and nonclinical teams mostly in specialty services that included the services lines of Cardiovascular Surgery, Urology, and Ophthalmology. Eric earned his master's in healthcare administration from Rush University, and his bachelor's in aviation management from Southern Illinois University. Prior to college, he served in the United States Air Force during Iraqi Freedom. Most recently, Eric was named a top 100 Rising LatinX founders, Distinguished Alumni of the Year from Rush, and took a board seat at Southern Illinois University's College of Health and Human Sciences.



48TH Annual CONFERENCE

AGENDA TUESDAY, JULY 11

8:30am – 6:00pm <i>1st Floor Pre-Function</i>	Registration & Information Desk Open
	Students Lunch on One's Own
12:00 – 5:00pm	NAHN Annual Conference Student Bootcamp <i>(Open to all Annual Conference student registrants)</i>
12:00 – 12:30pm <i>Alaska/Idaho Room</i>	Student Orientation to NAHN & Annual Conference <ol style="list-style-type: none"> 1. Jennifer Figueroa-Delgado, DNP, ANP-BC, MS, RN 2. Armando Riera, MSN, APRN-BC 3. Jicel Espinosa-Williams, MSN, RN 4. Abraham Delgado, BSN, RN
12:30 – 1:00pm <i>Alaska / Idaho Room</i>	Building Student Conference Engagement <ol style="list-style-type: none"> 1. Jennifer Figueroa-Delgado, DNP, ANP-BC, MS, RN 2. Armando Riera, MSN, APRN-BC
1:15 – 3:45pm <i>Alaska / Idaho Room</i>	Student's Mock Interviews Workshop Presented by NAHN Membership Committee: <ol style="list-style-type: none"> 1. Jennifer Figueroa-Delgado, DNP, ANP-BC, MS, RN 2. Patrick Luna, MSN, RN, CEN, NRP 3. Armando Riera, MSN, APRN-BC
3:45 – 4:00pm	Networking Break with NAHN Leaders <i>(move to Latino Leadership Institute location)</i>
4:00 – 5:00pm <i>Morrison / Ross Island / Sellwood Room</i>	Hablemos Claro: Public Speaking for Latino Leaders Yvonne Armenta, Public Speaking Coach <i>(LLI & Students)</i>
5:00 – 6:00pm	Free Night for Attendees & Students



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48TH Annual CONFERENCE

AGENDA WEDNESDAY, JULY 12

7:30am – 6:00pm <i>1st Floor Pre-Function</i>	Registration & Information Desk Open:	CEU
7:30 – 8:45am	Welcome Breakfast - Willamette Ballroom Exhibit Hall Open: Lloyd Center Ballroom Poster Group 1 Set-Up - 1st Floor Pre-Function	0
8:00 - 8:45am <i>Willamette Ballroom</i>	Business Exchange & Breakfast	0
9:00 – 10:00am <i>Cascade Ballroom</i>	Opening Ceremonies Adrianna Nava, PhD, MPA, MSN, RN; NAHN President	0
10:00 -11:00am <i>Cascade Ballroom</i>	Opening Keynote: Mechanisms Through Which the Social Determinants of Health Shape Health Inequities in Latinos Vincent Guilamo-Ramos, PhD, MPH, LCSW, RN, ANP-BC, PMHNP-BC, FAAN, Dean and Professor of the Duke University School of Nursing and Vice Chancellor for Nursing Affairs, Duke University; founding director of the Center for Latino Adolescent and Family Health (CLAFH) at Duke University	1.2
11:15am – 12:00pm <i>Cascade Ballroom</i>	Know Your OQ™: Building Nursing Bridges to Improving Oral Health and Overall Health sponsored by Oral Health Nursing Education and Practice (OHNEP) and Colgate 1. Judith Haber, PhD, APRN, FAAN, Executive Director, Oral Health Nursing Education and Practice Program (OHNEP); Professor Emerita, NYU Rory Meyers College of Nursing 2. Matilde Hernandez, DDS, MS, MBA, Clinical Research Innovation Manager, Colgate-Palmolive Company	0
12:00 – 12:15pm <i>Lloyd Center Ballroom</i>	Ribbon Cutting Ceremony	0
12:00 – 1:00pm <i>Willamette Ballroom</i>	Lunch	0
12:00 – 2:00pm <i>Lloyd Center Ballroom</i>	Exhibit Hall Open	0



48TH Annual CONFERENCE

AGENDA WEDNESDAY, JULY 12

Poster Sessions: Session #1		CEU	
1:00 – 2:00pm 1st Floor Pre-Function	Education Track	1. Perinatal Loss: Empowering Nurses in Providing Palliative Care <i>Nadia Carrasco, MS, RNC-OB, C-EFM</i> <i>Angelique Silva, MS, RNC-OB, C-EFM, C-ONQS</i>	1.2
		2. Increase Diversity at UCSD Health Through a DREAM Extern Program <i>Cabiria Lizarraga, MSN</i>	
		3. Breaking Down Barriers: A Collective Impact Approach to Diversification in Nursing <i>Jason Ramos, MSN, RN, PHN</i>	
		4. “Un Asiento en La Mesa”. Promoting Diversity, Equity and Inclusion Through Implementation of Cultural Excellence Grand Rounds <i>Misara Bambao, MS, BSN, RN, OCN</i> <i>Lourdes Grano, RN, BSN, CCT</i>	
		5. Medicina Gráfica: Raising Dementia Awareness Among Hispanics Living on the U.S.-Mexico Border Through Educational Comics <i>Sarah Jimenez, PhD, RN</i>	
	Evidence-based Practice Track	6. Implementation of the “Time to Turn” Tool, A Pathway to Prevention of Hospital-Acquired Pressure Injuries (HAPIs) <i>Roberto Molina Bon, MSN, BSN, RN</i>	
		7. The Impact of a Spanish-Language Cardiovascular Health Education Session on Knowledge Retention in the Latinx Adult Community <i>Felipe Santoyo-Cuellar, DNP, MSN, RN, PCCN, CVRN-BC</i>	
	Research Track	8. Sources of Well-Being for Hispanic Women Who Have Experienced Intimate Partner Violence (IPV) <i>Evelyn Iriarte, PhD, MSN, RN</i>	
		9. NAHN Membership Needs Assessment for Scholarship and Research Pathways <i>Jeneva Gularte-Rinaldo, PhD, RN</i>	
	Leadership, Policy, & Advocacy Track	10. The Digital Divide: Confronting the NEW Social Determinant of Health Affecting Minorities and Medically Underserved Populations <i>Nora Hernandez-Pupo, PhD, RN, TNCC</i>	



48TH Annual CONFERENCE

AGENDA WEDNESDAY, JULY 12

Concurrent Sessions #1			CEU	
2:15 – 3:15pm	<p>Concurrent A <i>Hawthorne / Sellwood Room</i> Education Track</p> <p>How to Get Accepted: Mastering the Abstract Submission Process</p> <p><i>Presented by NAHN Education Committee:</i></p> <ol style="list-style-type: none"> 1. Nora Hernandez-Pupo, PhD, RN; 2. Jacqueline Webb, DNP, FNP-BC, RN; 3. Susana Gonzalez, MHA, MSN, RN 	<p>Concurrent B <i>Ross Island / Morrison Room</i> Leadership, Policy, & Advocacy Track</p> <p>Raise Your Voice! Advocating for Your Community</p> <p><i>Presented by NAHN Policy & Advocacy Committee:</i></p> <p>Grace Grau, DNP, APRN, ACNP-BC, AACC</p>	<p>Concurrent C <i>Alaska / Idaho Room</i> Leadership, Policy, & Advocacy Track</p> <p>¿Me escuchas? Tips on Promoting Your NAHN Chapter & Yourself</p> <p><i>Presented by NAHN Communications Committee:</i></p> <ol style="list-style-type: none"> 1. Debora La Torre, DNP, APRN, FNP-BC; 2. Carolina Frantz, MSN, RN; 3. Petra Fimbres – Founder & CEO of LatinaStrong Foundation 	1.2
	3:15 – 3:45pm Afternoon Coffee Break sponsored by UPMC			0
Concurrent Sessions #2				
3:45 – 4:30pm	<p>Concurrent A <i>Hawthorne / Sellwood Room</i> Education Track</p> <p>Health Workforce Resources through the National Health Service Corps and Nurse Corps Programs</p> <p>Summer Puckett, MSW</p>	<p>Concurrent B <i>Ross Island / Morrison Room</i> Research Track</p> <p>Latinas Lived Experience of Intimate Partner Violence (IPV) Amidst the COVID-19 Global Pandemic</p> <p>Lorena Perez, PhD, MSN-ENL, RN, PHN</p>	<p>Concurrent C <i>Alaska / Idaho Room</i> Research Track</p> <p>Empowering Nursing Students to Minimize Implicit Biases</p> <ol style="list-style-type: none"> 1. Jessica Planas, PhD, RN, MPH, CHES; 2. Maria Krol, DNP 	0.9



48TH Annual CONFERENCE

AGENDA WEDNESDAY, JULY 12

Concurrent Sessions #3			CEU	
4:45 – 5:30pm	Concurrent A <i>Hawthorne / Sellwood Room</i> Evidence-based Practice Track With and For the Community: COVID TRACE (Testing, Resources, and Community Engagement) 1. Antonio Davila Jr., DNP; 2. Daisy Arizmendi; 3. David Alvarez-Sanchez	Concurrent B <i>Ross Island / Morrison Room</i> Research Track Identifying the Differences in Emergency Department Length of Stay and Assignment of the Emergency Severity Index and Hospital Length of Stay for Hispanic Patients and Their Non-Hispanic Counterparts 1. Carolina Frantz, MSN, RN 2. Rick Zoucha, PhD, PMHCNS-BC, CTN-A, FTNSS, FAAN 3. Cecilia Zamarripa, PhD, MSN, RN, CWON 4. Stephanie Frisch, PhD, RN	Concurrent C <i>Alaska / Idaho Room</i> Research Track Mitigating Harm Among Low-Wage Healthcare Workers during Adverse Childhood Experiences Screening: A Disparities Research Framework Adaptation Adrienne Martinez-Hollingsworth, PhD, MSN, RN, PHN	0.9
	5:30 – 7:30pm <i>Lloyd Center Ballroom</i>	Welcome Reception / Exhibit Hall Open		0

NAHN
National Association of Hispanic Nurses

HISPANIC HEALTH POLICY Summit

JANUARY 31 - FEBRUARY 2, 2024
Washington, D. C.



48TH Annual CONFERENCE

AGENDA THURSDAY, JULY 13

7:30am – 6:00pm <i>1st Floor Pre-Function</i>	Registration & Information Desk Open:	CEU
7:30 – 8:45am	Breakfast - Willamette Ballroom Exhibit Hall Open: Lloyd Center Ballroom Poster Group 2 Set-Up - 1st Floor Pre-Function	0
8:00 - 8:45am <i>Willamette Ballroom</i>	Business Exchange & Breakfast	0
9:00 – 10:00am <i>Cascade Ballroom</i>	Keynote: Equity in Action: Best Practice Strategies and Consideration to Promote Health and Well-Being of Hispanic Nurses and Patients Bertha Hidalgo, PhD, MPH Associate Professor, Dept. of Epidemiology at University of Alabama at Birmingham; Director, Driving Research: An Interdisciplinary, Vibrant, Engaged Network (DRIVEN); Director, UAB Clinical and Translational Science Training Program (CTSTP)	1.2
10:15 – 11:15am <i>Cascade Ballroom</i>	Addressing Racism and Racial Reckoning: Creating a Space for Dialogue 1. Ernest J. Grant, PhD, DSc(h), RN, FAAN; Interim Vice Dean for Diversity, Equity and Inclusion; Duke University School of Nursing; Immediate Past President – American Nurses Association; Co-lead for the National Commission to Address Racism in Nursing 2. G. Rumay Alexander, EdD, RN, FAAN; Senior Inclusion Advisor, American Nurses Association; Professor, University of North Carolina, Chapel Hill, School of Nursing 3. Jennifer Gil, MSN, RN; Director-at-Large, ANA Board of Directors; Presidential Pre-doctoral Fellow at the Center for Health Outcomes and Policy Research & Associate Fellow at the Leonard Davis Institute of Health Economics at the University of Pennsylvania 4. Cheryl Peterson, MSN, RN; Vice-President, Nursing Programs, American Nurses Association	1.2
11:15am – 12:00pm <i>Cascade Ballroom</i>	Disparities in Antiviral Treatment Within the Latino Community <i>Sponsored by Pfizer, Inc.</i> Carli Zegers, PhD, MBA, APRN, FNP-BC; Assistant Professor and DEI Director at the University of Kansas School of Nursing	0
12:00 – 1:00pm <i>Willamette Ballroom</i>	Lunch	0
12:00 – 2:00pm <i>Lloyd Center Ballroom</i>	Exhibit Hall Open , scavenger hunt drawing at 1:00pm	0



48TH Annual CONFERENCE

AGENDA THURSDAY, JULY 13

Poster Session: Session #2		CEU
1:00 – 2:00pm 1st Floor Pre-Function	Education Track 11. Hispanic Serving Institutions: How Do We Connect the Dots - Teaching Strategies for Nursing Students <i>Nora Hernandez-Pupo, PhD, RN, TNCC</i>	1.2
	12. DIVE-IN (Developing Inclusive Voices & Experiences In Nursing) Program - Middle School Success <i>Jessica Planas, PhD, RN, MPH, CHES</i>	
	13. NAHN-NY Marketing School Project. Increasing Your Chapter's Exposure by Building Unaccustomed Relationships <i>Roberto Molina Bon, MSM, BSN, RN</i>	
	14. Adaptation, Acculturation, and Assimilation as Concepts to Achieve Academic Integration of English as an Additional Language Nursing Students <i>Cristina Dominguez De Quezada, BSN, MSN, PhD, RN, CNE</i>	
	15. Eliciting Health Priorities of Older Latinos to Guide Care <i>Melissa Hladek, PhD, CRNP, FNP-BC</i>	
Evidence - based Practice Track 16. Driving Care to Underserved Communities through Mobile Health <i>Tina Loarte-Rodriguez, MSN, RN, CIC, CPPS, CPHRM</i>		
Research Track 17. Examining the Lived Experiences of Latinx Nurses During the First Wave of COVID-19 <i>Jennifer Sandoval, DNP, MSN, RN</i>	18. Perceived Stress is Associated with Adiposity in Midlife Latinas; <i>Andrea Cazales, RN</i>	
	19. Differences In Predictors of Cesarean Sections For Foreign Born Vs US Born Mexican American Women Using A Machine Learning Approach <i>Dominique Gómez DuBois, RN, CNM</i>	



MEMBER JOURNAL





48TH Annual CONFERENCE

AGENDA THURSDAY, JULY 13

Concurrent Sessions #4		CEU		
2:15 – 3:00pm	<p>Concurrent A Hawthorne / Sellwood Room Education Track</p> <p>Nursing Professoriate Pathway Program: From Bench-to-Community</p> <p>1. Robert Lucero, PhD, MPH, RN, FAAN; 2. Mary Lou de Leon Siantz, PhD, RN</p>	<p>Concurrent B Ross Island / Morrison Room Research Track</p> <p>Improving Latino Health Literacy with Remote Spanish Instruction for Students in Healthcare (Remote Spanish)</p> <p>Jeneva Gularte-Rinaldo, PhD, RN</p>	<p>Concurrent C Alaska / Idaho Room Research Track</p> <p>Multidimensional Frailty, Self-management, and Quality of Life among Hispanics Living with HIV Aged 50+</p> <p>Evelyn Iriarte, PhD, MSN, RN</p>	0.9
Concurrent Sessions #5		CEU		
3:15 – 4:00pm	<p>Concurrent A Hawthorne / Sellwood Room Evidence-based Practice Track</p> <p>Move over moral distress, make room for well-being!</p> <p>Amanda Quintana, DNP, RN, FNP</p>	<p>Concurrent B Ross Island / Morrison Room Research Track</p> <p>Medication Assisted Treatment for Opioid Use Disorder: Addressing Intersectionality in Care for Hispanic Rural Colorado</p> <p>1. Claudia Amura, PhD, MPH; 2. Rosario Medina, PhD, FNP-BC, ACNP, CNS, FAANP</p>	<p>Concurrent C Alaska / Idaho Room Research Track</p> <p>Exploring Beliefs, Religiosity, and Acculturation as Influencing factors to Cervical Cancer Screening in Latinx Women</p> <p>Sylvia Pena, PhD, RN, CNE</p>	0.9
4:00 – 4:30pm	Afternoon Coffee Break		0	
4:30 – 6:00pm <i>Cascade Ballroom</i>	NAHN Annual Business Meeting		0	
7:00 - 9:00pm <i>Off-Site</i>	NAHN Portland Chapter Fundraising Event: Wine Tasting at Labyrinth Forge Brewing Company, 61 SE Yamhill St, Portland, OR 97214 (separate ticketed event)		0	



48TH Annual CONFERENCE

AGENDA FRIDAY, JULY 14

7:30am – 1:30pm <i>1st Floor Pre-Function</i>	Registration & Information Desk Open	CEU
7:30 – 8:45am <i>Cascade Foyer</i>	Breakfast	0
8:00 – 8:45am <i>Cascade Ballroom</i>	Data-Driven Strategies for Diversifying the Nursing Workforce: Making Informed State-Based Policy Decisions Jana Bitton, MPA, Executive Director of Oregon Center for Nursing	0.9
9:00 – 9:45am <i>Cascade Ballroom</i>	NAHN Grants & Research Projects Update 1. All of Us Research Program: Norma Cuellar, PhD, RN, FAAN 2. Us Against Alzheimer's Brain Health Fellowship: Susana Gonzalez, MHA, MSN, RN, CNML 3. Nurses on Boards Coalition: Veronica Vital, PhD, MSN, MLS, RN	0.9
9:45 – 10:30am <i>Cascade Ballroom</i>	De Aliados a Cómplices (From Allies to Accomplices) <i>presented by NAHN Diversity, Equity, & Inclusion Committee:</i> 1. Madeline Feliciano-Weiser, MSN, RN 2. Cristina Dominguez De Quezada, PhD, RN, CNE 3. Kim Kim, MSN, RN, CDCES	0.9
10:30 – 11:00am	Morning Coffee Break	0
11:00 – 11:45am <i>Cascade Ballroom</i>	An Update and Conversation with the Evidence Based Practice and Research Committee <i>presented by NAHN Evidence-based Practice & Research Committee:</i> 1. Jeneva Gularte-Rinaldo, PhD, RN 2. Jacob Martinez, PhD, RN 3. Rosario Medina, PhD, FNP-BC, ACNP, CNS, FAANP, FAAN 4. Gloria Loera, DNP, RN, NEA-BC 5. Carli Zegers, PhD, MBA, APRN, FNP-BC	0.9
11:45am – 12:45pm <i>Cascade Ballroom</i>	Closing Keynote: The Nursing Shortage: The Pros and Cons of Available Solutions Eric Alvarez, MSHSM, CEO and Founder of Grapefruit Health	1.2
12:45 – 1:00pm <i>Cascade Ballroom</i>	Closing Remarks Adrianna Nava, PhD, MPA, MSN, RN; NAHN President	0
1:00pm	Lunch On One's Own	0
3:00 – 4:30pm <i>Alaska / Idaho Room</i>	Volunteer Event: Stuffing and organizing school supplies into backpacks for donation (<i>attendees encourage to bring and donate school supplies</i>)	0
6:30 – 7:00pm <i>Cascade Ballroom</i>	Gala Reception (<i>ticket required</i>)	0
7:00 - 11:45pm <i>Cascade Ballroom</i>	Gala Awards Dinner & Celebration (<i>ticket required</i>)	0

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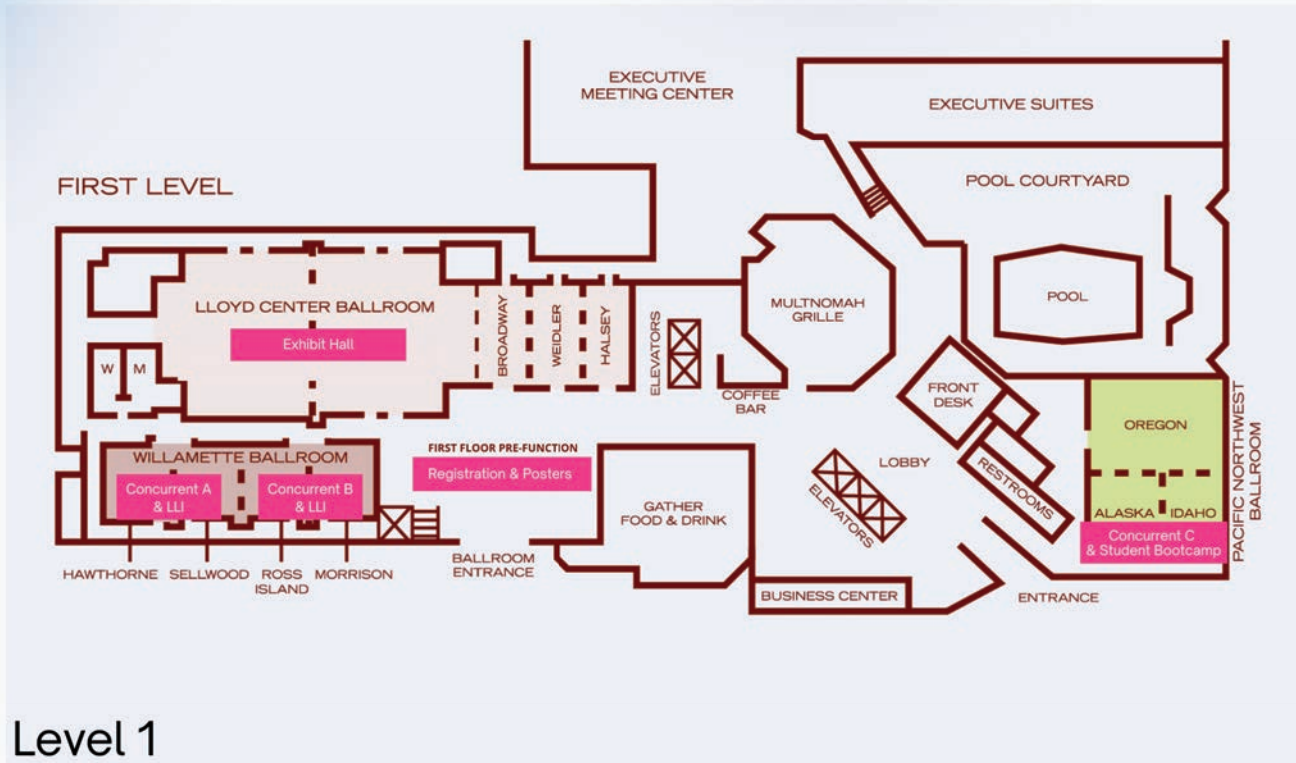
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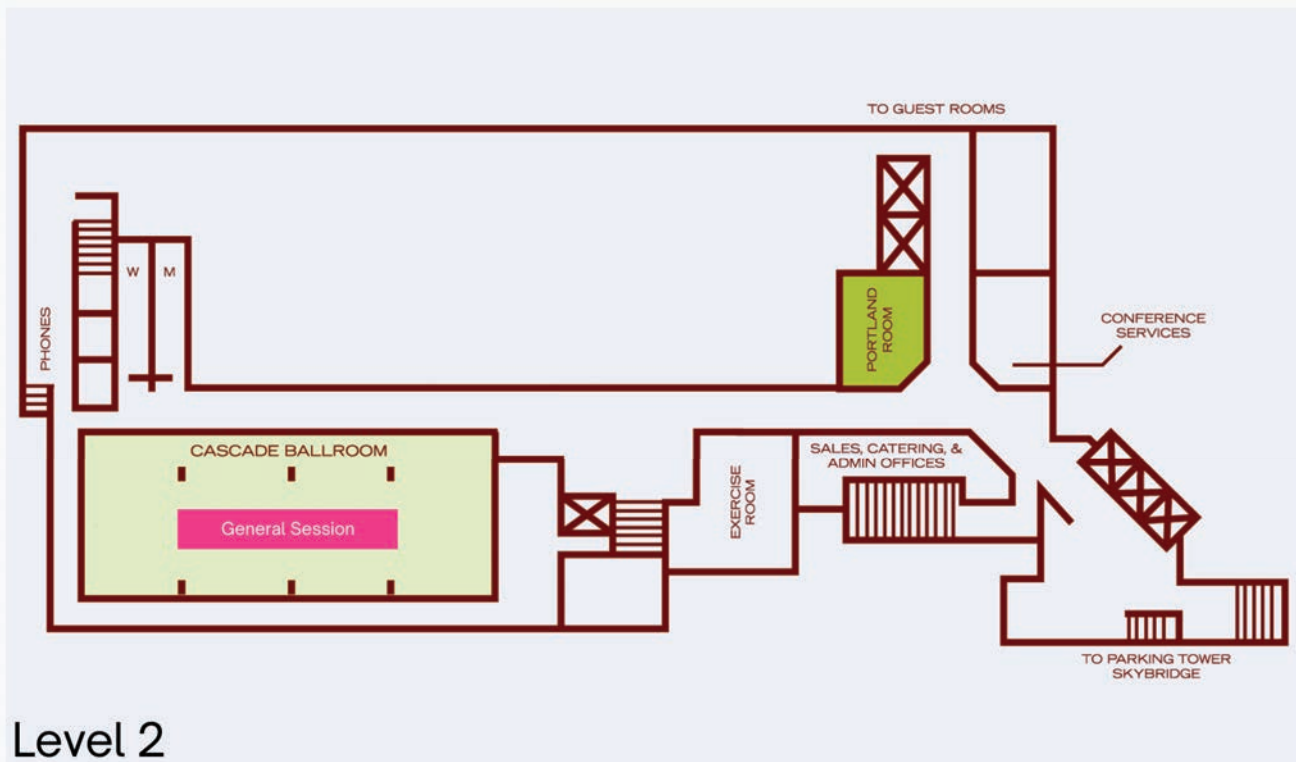


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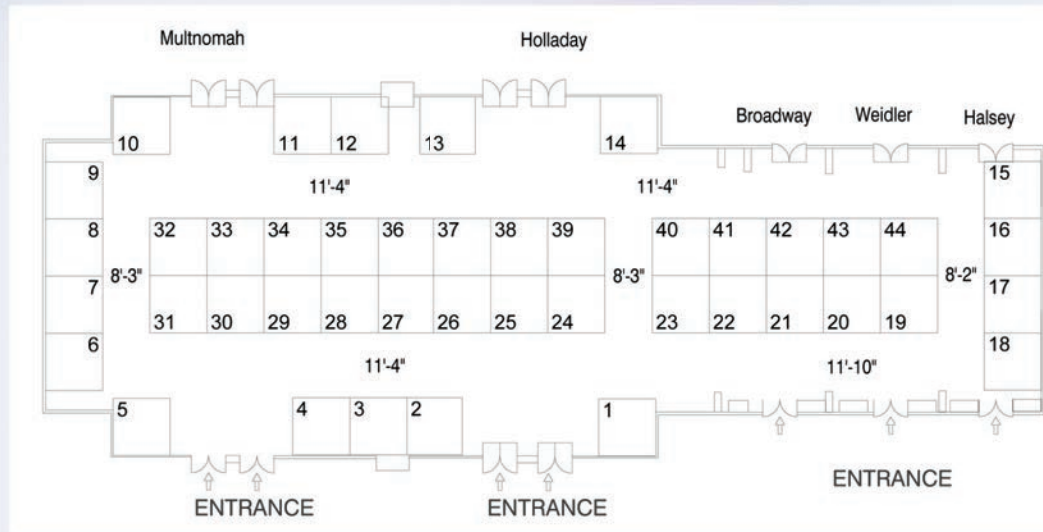
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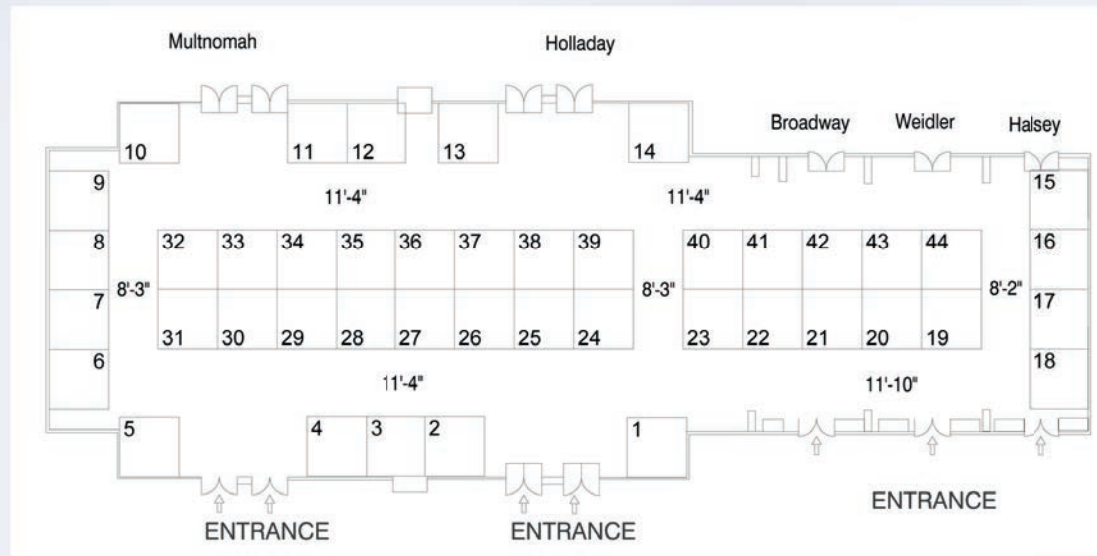
Exhibit Hall



Company Name	Booth #	Company Name	Booth #
Agency for Healthcare Research and Quality (AHRQ)	4	Graceland University - School of Nursing	30
All of Us Research Program	11	Inova Health System	39
Alzheimer's Association	19	Kenvue	42
ANA Enterprise	8	Lee Memorial Health System dba Lee Health	40
Baylor Scott & White Health	21	The Leukemia & Lymphoma Society	25
CHRISTUS Health	14	Mayo Clinic	10
CVS Health	7	Multnomah County Health Department	33
The DAISY Foundation	located near registration	National University	17 and 18
Defense Health Agency Civilian Medical Corps	13	Oak Street Health	15
Duke Health	20	Optum	37
Emory School of Nursing	24	Oral Health Nursing Education and Practice	35
Fort Defiance Indian Hospital Board, Inc	34	Oregon Nurses Association	9

Maps

Exhibit Hall



Company Name

Booth

Otsuka	31
PAN Foundation	27
Penn State Ross and Carol Nese College of Nursing	28
Pfizer, Inc. – Vaccines	2
Pfizer, Inc.	22 and 23
Postpartum Support International	29
Premise Health	44
Providence	16
Purdue Global	41
Samuel Merritt University	38
Seattle Children's	1
Stanford Health Care	6

Company Name

Booth

Texas Tech University Health Sciences Center School of Nursing	43
UCLA Health	26
University of Alabama at Birmingham School of Nursing	12
UNM, College of Nursing	3
University of Pennsylvania School of Nursing	36
UPMC	5
WorldPoint	32

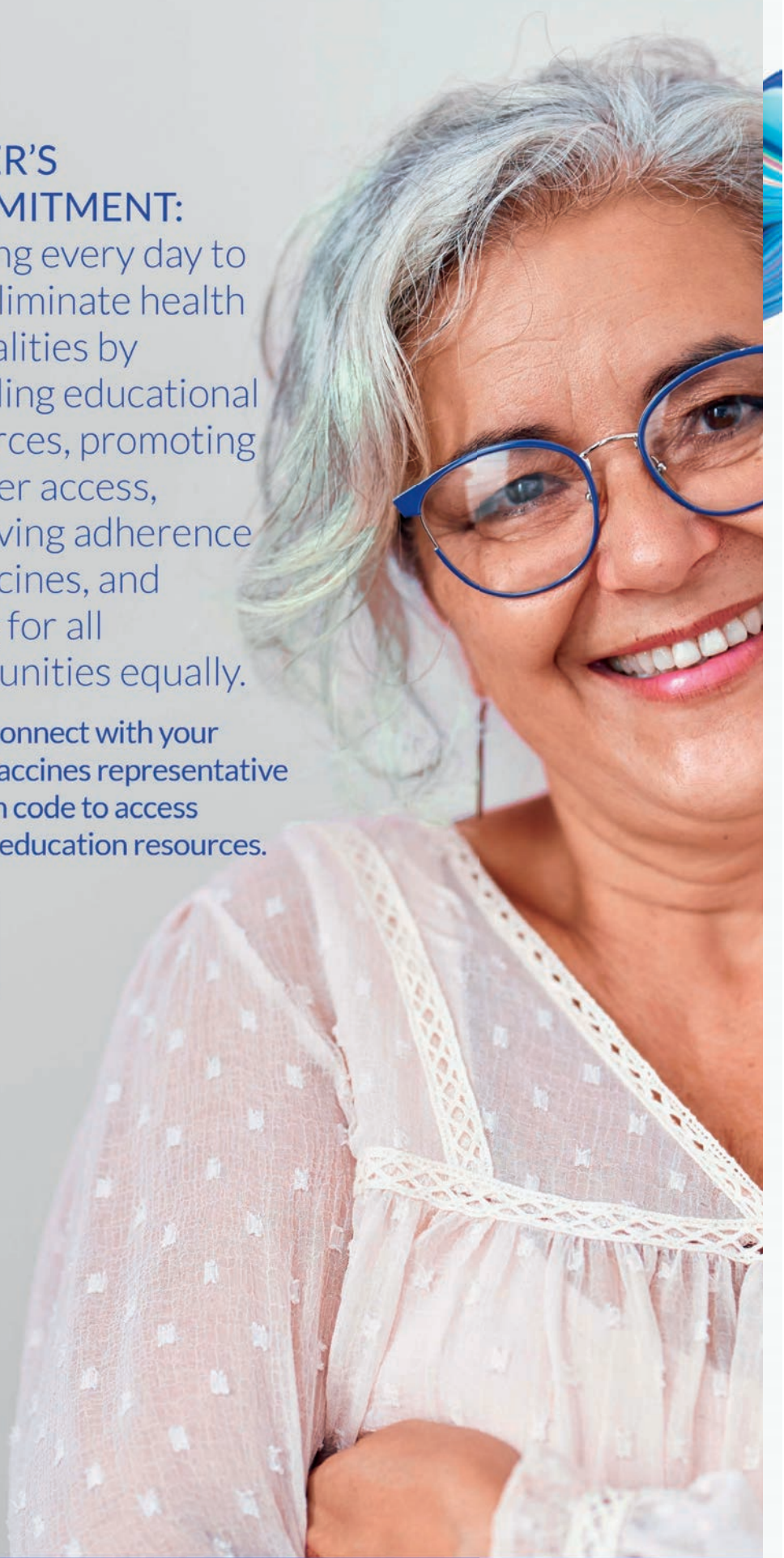
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NAHN wants to thank the following past presidents for their dedication to NAHN:

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- 1979-1980 - Ildaura Murillo-Rohde, PhD, RN*
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- 2018-2020 - Norma Cuellar, PhD, RN, FAAN
- July 17, 2020 to Jan. 13, 2021 - Alana Cueto MSN, RN, CNL **

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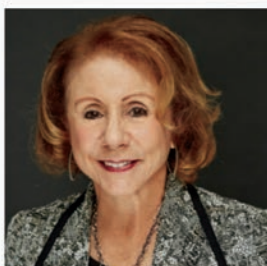
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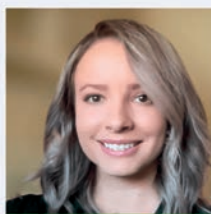
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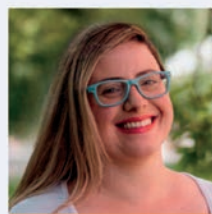
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