

# 50<sup>TH</sup>



## ANNUAL CONFERENCE

**DALLAS, TX • JULY 16 - JULY 18, 2025**  
The Westin Irving Convention Center at Las Colinas



# PROGRAM

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## Hispanic Serving Healthcare Professionals Graduate Certificate

Work with renowned scholars and community partners to learn the unique healthcare needs of the Hispanic community and improve patient outcomes through culturally congruent care.

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DALLAS, TX • JULY 16 - JULY 18, 2025  
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## Thank You

Thank you to the NAHN Dallas Chapter for hosting the 50th Annual Conference!  
*We appreciate your hard work to make this event a success.*

# *Congratulations*



**Dr. Grace Grau**

DNP 2015

*President-Elect  
of NAHN*

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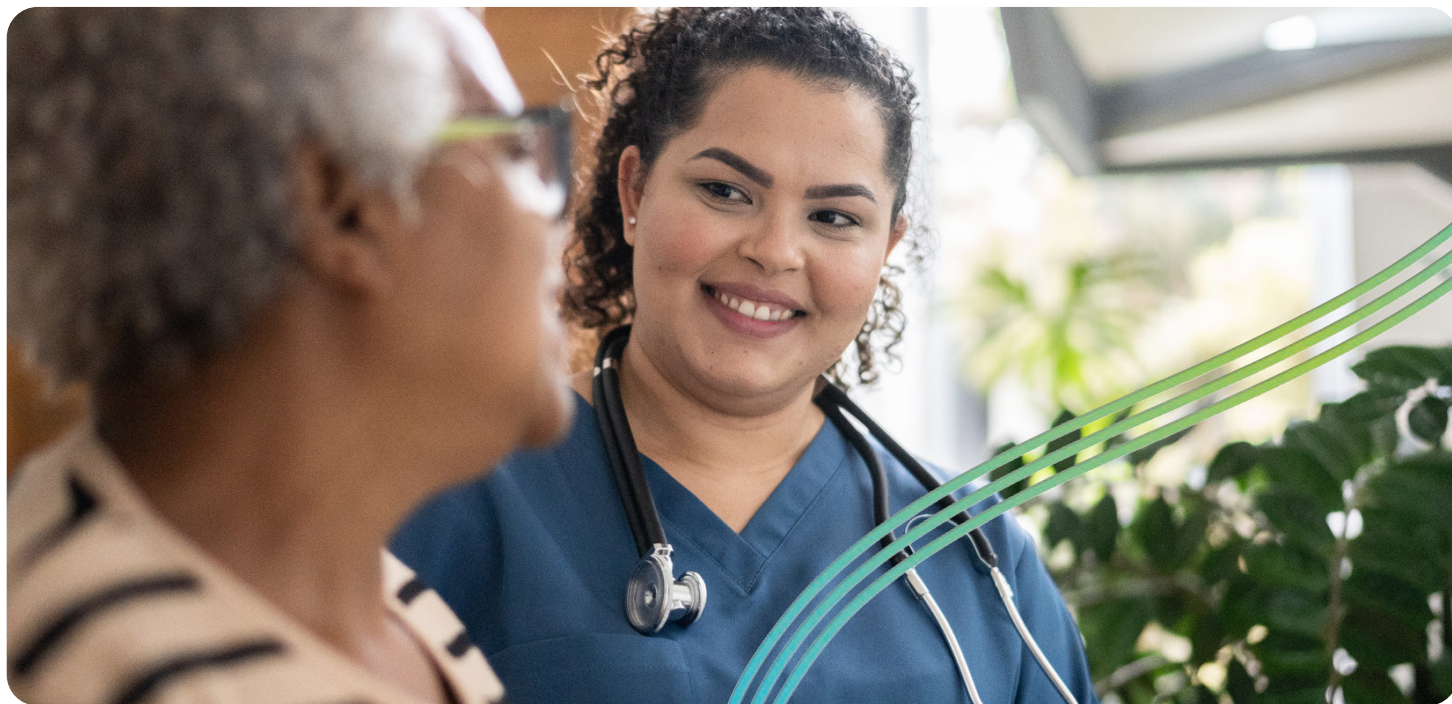
# Caring, growing and belonging never stops.

At Sutter Health, we're focused on building an organization that reflects the communities we serve and that creates a culture of respect, empathy and trust between our teams and our patients.

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Visit [jobs.sutterhealth.org](https://jobs.sutterhealth.org)  
or scan the code:



Dear NAHN Familia & Friends,

**Welcome to the 50th Annual Conference of the National Association of Hispanic Nurses**

-our golden anniversary and a truly historic milestone in the life of our distinguished organization. We are thrilled to host this celebration in the heart of Dallas, Texas, surrounded by the strength, spirit, and brilliance of Latino nurses from across the nation.

This moment is more than a celebration, it is a powerful tribute to the courage of our founders, the passion of our members, and the power of a shared vision. For five decades, NAHN has led with purpose: advocating for health equity, uplifting Hispanic nurses, and transforming the health of our communities. Because of the determination and vision of our early trailblazers, we gather here today-nearly 50 chapters strong-united by purpose, pride, and possibility.

Our theme, ***Familia, Cultura, Herencia: Cultivating the Legacy of Hispanic Nursing Excellence and Transforming the Health of Our Communities***, captures the heart of who we are and where we are headed. It reminds us of the powerful roots from which NAHN has grown, and the legacy we are shaping for the next generation.

We are proud to welcome an extraordinary lineup of keynote speakers, Dr. Antonia Villarruel, Dr. Mary Lou de Leon Siantz, Dr. Melissa deCardi Hladek, and Jen Buck, who will share insights on leadership, research, innovation, and the future of nursing.

Over the past five decades, NAHN has deepened its national advocacy, forged impactful partnerships, and expanded opportunities for professional growth and leadership development. This conference reflects that momentum with dynamic sessions, engaging networking events, and meaningful celebrations that honor our rich heritage and collective accomplishments.

As you participate in this year's activities, I encourage you to reflect on how far we've come and envision how much more we can achieve together. Be sure to attend our Annual Business Meeting to hear updates from the Board of Directors and committee leaders and help shape NAHN's future. Be sure not to miss the Dallas Chapter's spirited "Boots 'N Bling" fundraiser on July 17, followed by our dazzling "Golden Legacy Awards Gala" on Friday, July 18-a memorable evening recognizing our scholarship and award recipients and welcoming our newly elected Board of Directors.

Let this conference be a space of learning, healing, connection, and inspiration. Your presence here strengthens our vision for the future: one where every Hispanic nurse is empowered, every community is cared for, and every voice is heard.

On behalf of the NAHN Board of Directors, Education Committee, and the NAHN Dallas Chapter, thank you for being part of this unforgettable moment in our history. May you leave this conference inspired, connected, and ready to continue advancing our mission, because together, ¡Unidos Podemos!

**Here's to the next 50 years of impact, advocacy, and unity.**



In Service and Gratitude,

A handwritten signature in black ink that reads "Veronica Vital". The signature is fluid and cursive.

**Veronica Vital, PhD, MLS, RN**  
**President, National Association**  
**of Hispanic Nurses (NAHN)**



STATE OF TEXAS  
OFFICE OF THE GOVERNOR

**Greetings:**

As Governor of Texas, I am proud to welcome you to the National Association of Hispanic Nurses 50th Annual Conference in Irving.

Our healthcare system depends on nurses who provide patient-centered care with the utmost compassion and expertise. For fifty years, your organization has served communities in our state and nation by promoting patient wellness. As an active community partner, the chapters in Houston, Austin, El Paso, San Antonio, and the DFW Metroplex support many healthcare initiatives. Your leadership is commendable and I applaud your efforts to honor the achievements in the nursing profession.

The Lone Star State is home to a vibrant tapestry of cultures and people of Hispanic descent have made a tremendous impact on our great state. I join you in celebrating those who make a difference personally and professionally, and I am proud to call you all fellow Texans.

First Lady Cecilia Abbott joins me in wishing you a memorable event.

Sincerely,

A handwritten signature in black ink, reading "Greg Abbott".

Greg Abbott  
Governor of Texas



# ERIC L. JOHNSON

MAYOR OF DALLAS



July 16, 2025

## ***Greetings!***

As Mayor of Dallas, I am pleased to welcome the attendees of the National Association of Hispanic Nurses to its 50<sup>th</sup> Annual Conference, from July 16 to July 18, 2025.

The Dallas Chapter is the fourth largest in the organization, with more than 100 members from the Dallas-Fort Worth Metroplex. Its members are instrumental in providing culturally competent health care for Hispanic consumers.

The Dallas Chapter provides an important voice for Hispanic nurses and those interested in the Hispanic community. It is committed to increasing educational and professional opportunities for Hispanic nurses and nursing students through networking and mentoring.

Best wishes for a memorable, joyous, and successful event.

All my best,

Eric L. Johnson  
Mayor

OFFICE OF THE MAYOR CITY HALL 1500 MARILLA ST., 5EN DALLAS, TEXAS 75201 TELEPHONE 214.670.3301

City of Irving Office of the Mayor

# Proclamation

- WHEREAS:** The National Association of Hispanic Nurses is committed to advancing health in Hispanic communities and emphasizing the necessity of Hispanic nurses; and
- WHEREAS:** Since 1975, the Association has represented the voice of Hispanic nurses in the United States and worked to advocate for policy and perspective changes related to Hispanic health care needs; and
- WHEREAS:** The Association promotes culturally sensitive nursing care through intentional recruitment to increase the number of bilingual and bicultural nurses; and
- WHEREAS:** By identifying barriers to the delivery of health services to Hispanic consumers and leveraging innovation, the Association continues to lead the health care industry; and
- WHEREAS:** Gathering for the 50th annual conference demonstrates the Association's commitment to their profession, members, and the communities they serve.

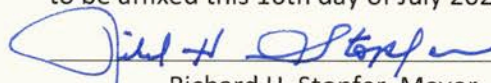
**NOW, THEREFORE,** I, Rick Stopfer, Mayor of the City of Irving, and the City Council do hereby proclaim July 16, 2025 as:

## National Association of Hispanic Nurses Day

in Irving, Texas.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City to be affixed this 16th day of July 2025.

  
Richard H. Stopfer, Mayor



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# GENERAL INFORMATION

## NAHN Mission

NAHN is committed to advancing the health in Hispanic communities and to lead, promote and advocate the educational, professional, and leadership opportunities for Hispanic nurses.

## NAHN Value Statement

We, the members of the National Association of Hispanic Nurses:

- Engage in respectful, collaborative, purposeful and positive dialogue in the interest of a healthy organizational culture that creates value for the organization and the community.
- Nurture and mentor our members by sharing knowledge, skills and resources to develop nurse leaders that will effectively impact the healthcare well-being of our communities.
- Strive for excellence and integrity, both in the profession and in our daily lives.
- Embrace innovation and forward-thinking, focusing on strategic outcomes that address the needs of our organization and our communities.

## NAHN Purpose Statement

We celebrate the culture, caring and spirit of Hispanic nurses who are the leading voice of health in our communities.

## Conference Objectives

At the end of the conference, the participant will be able to:

1. Appraise their knowledge of culturally congruent care in nursing practice, specifically focusing on how the values of familia, cultura, and herencia influence health behaviors and outcomes in Hispanic communities.
2. Recognize the historical contributions and current achievements of Hispanic nurses, highlighting their roles in advancing healthcare equity and transforming community health through innovative strategies and leadership across all phases of nursing practice.
3. Describe effective strategies for engaging with Hispanic communities to address health disparities, develop trust, and implement culturally tailored health interventions that promote wellness and access to care.
4. Identify strategies to develop mentorship programs aimed at supporting the next generation of Hispanic nurses, fostering leadership skills that empower individuals to advocate for their communities and enhance the nursing profession.

## Continuing Nursing Education

NAHN is an approved CE provider by the District of Columbia Board of Nursing, Provider #50-14680. There are up to a total of **7.8 CEs** possible for the Latino Leadership Institute and **15.1 CEs** possible for the NAHN 50th Annual Conference. CEs for this program are available via the NAHN Conference App for each applicable session following the completion of a post-session evaluation.

## Conflicts of Interest

A conflict of interest occurs when an individual has an opportunity to affect or impact educational content with which he or she may have a commercial interest or a potentially biasing relationship of a financial, professional or personal nature.

All planners and faculty/content specialist(s) must disclose the presence or absence of a conflict of interest relative to this activity. All potential conflicts are resolved prior to the planning, implementation, or evaluation of the continuing nursing education activity. All activity planning committee members and faculty/content specialists have submitted Conflict of Interest Disclosure forms.

The remaining program planning committee members and faculty/content specialists of this CE activity have reported no relevant professional, personal or financial relationships related to the planning or implementation of this CE activity.

## Obtaining CEs in the NAHN CE Survey Portal or via the web!

To obtain CEs, or a Certificate of Attendance, please log in to our Mobile App or use the QR code below to access surveys via the Web. Surveys will be available within a few minutes of the session ending, and your CE certificate will be available immediately after all surveys have been completed. Please be sure to take all surveys before the portal closes on **September 1, 2025**.

## Make the Most of Your Conference Experience with the NAHN 50th Annual Conference Mobile App!

Take Notes | View & Create Schedules | Speaker Biographies | Claim CEs | & More

### 1. Download the Eventscribe App



Scan the QR Code or go to the Apple App Store or Google Play and search for **Eventscribe**.

Install and open the Eventscribe app.

Find the NAHN Conference icon in the Upcoming Events (bottom row) or search for **NAHN 2025**.

Tap the event icon to launch your event's app.



Eventscribe App Icon



NAHN 2025 Logo within eventScribe

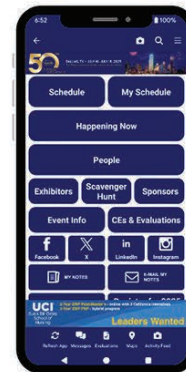
### 2. Create Your Account to Login

To start using your event app, select "Create Account"

Enter Event Code: **NAHN2025**

Then type your **name** and **email address**

After you have created your account, then select "login" and enter your username (email) and password



### 3. App Tips

**Browse** the event information and create a personal schedule by tapping on the star next to presentation titles.

**Difficulty Logging In?** There may be an update, so try deleting the eventScribe app & redownloading it from Google Play or Apple App Store.

*Please note - this app is intended for mobile devices (tablets & phones)*

## Photographs and/or Video will be taken at this event.

By taking part in the NAHN Annual Conference, you grant NAHN full rights to use the images resulting from the photography/video filming, and any reproductions or adaptations of the images for fundraising, publicity or other purposes to help achieve the group's aims. This might include (but is not limited to), the right to use them in their printed and online publicity, social media, press releases and funding applications. If you do not wish to be photographed, please contact a NAHN staff member at the registration desk.

# Code of Conduct for Members

## Reason for Policy

The purpose of the policy is to establish a professional code of conduct for leaders and members of the National Association of Hispanic Nurses (NAHN).

## The Policy

We celebrate the culture, caring, and spirit of Hispanic nurses who are the leading voice of health in our communities. Leaders and members of the organization are expected to abide by the values of the organization and demonstrate professionalism throughout their interactions with internal and external stakeholders.

## NAHN Value Statement

We, the members of the National Association of Hispanic Nurses:

- engage in respectful, collaborative, purposeful and positive dialogue in the interest of a healthy organizational culture that creates value for the organization and the community.
- nurture and mentor our members by sharing knowledge, skills, and resources to develop nurse leaders that will effectively impact the healthcare well-being of our communities.
- strive for excellence and integrity, both in the profession and in our daily lives.
- embrace innovation and forward-thinking, focusing on strategic outcomes that address the needs of our organization and our communities.

## Professional Characteristics of Members

1. Approaches responsibilities in the spirit of a leader on behalf of the members and the organization.
2. Welcomes information and best available advice but reserves the right to arrive at decisions based on own judgment.
3. Supports NAHN board decisions, internally and externally, even when one may disagree with the majority opinion. Speaks with one voice when representing the organization.
4. Offers opinions in an honest, respectful, and constructive manner to all members.
5. Avoids or reports any possibility of conflict of interest.
6. Understands legal and fiduciary responsibilities.
7. Gives respect and consideration to the President, other board members and leaders.
8. Clearly understands member responsibilities.
9. Honors commitments, attends meetings on time, is well prepared and actively participates.
10. Acts as an advocate for the organization and its members.
11. Contributes expertise to assist the organization.

## Unprofessional Conduct Policy

To promote the mission of NAHN, an environment needs to be maintained to promote professionalism and positivity, for the safety and benefit for all leaders and members. A positive working environment promotes efficiency, productivity, performance, teamwork and camaraderie. Unprofessional conduct interferes with the organizational mission and values. Unprofessional conduct is any behavior or conduct that a reasonable person could find threatening, intimidating, or humiliating, or conduct that a reasonable person could feel undermines organizational performance. Generally, it is consistent and repeated conduct, unless the conduct was particularly egregious. Unprofessional conduct is more than just a disagreement or a personality conflict. This policy does not prohibit reasonable and constructive criticism, or appropriate disciplinary conduct in response to member misconduct.

## Conduct a reasonable person could feel undermines organizational performance includes:

- Withholding necessary information
- Purposely giving wrong information
- Assigning unreasonable duties or unachievable deadlines
- Belittling a person's opinions (especially in front of others)

- Constantly changing expectations
- Excluding a leader or member from meetings and other organizational events
- Sabotaging a leader's or member's performance, or destroying an individual's work product
- Excessive scrutiny or monitoring of a leader's or member's work beyond constructive criticism that is reasonable and warranted

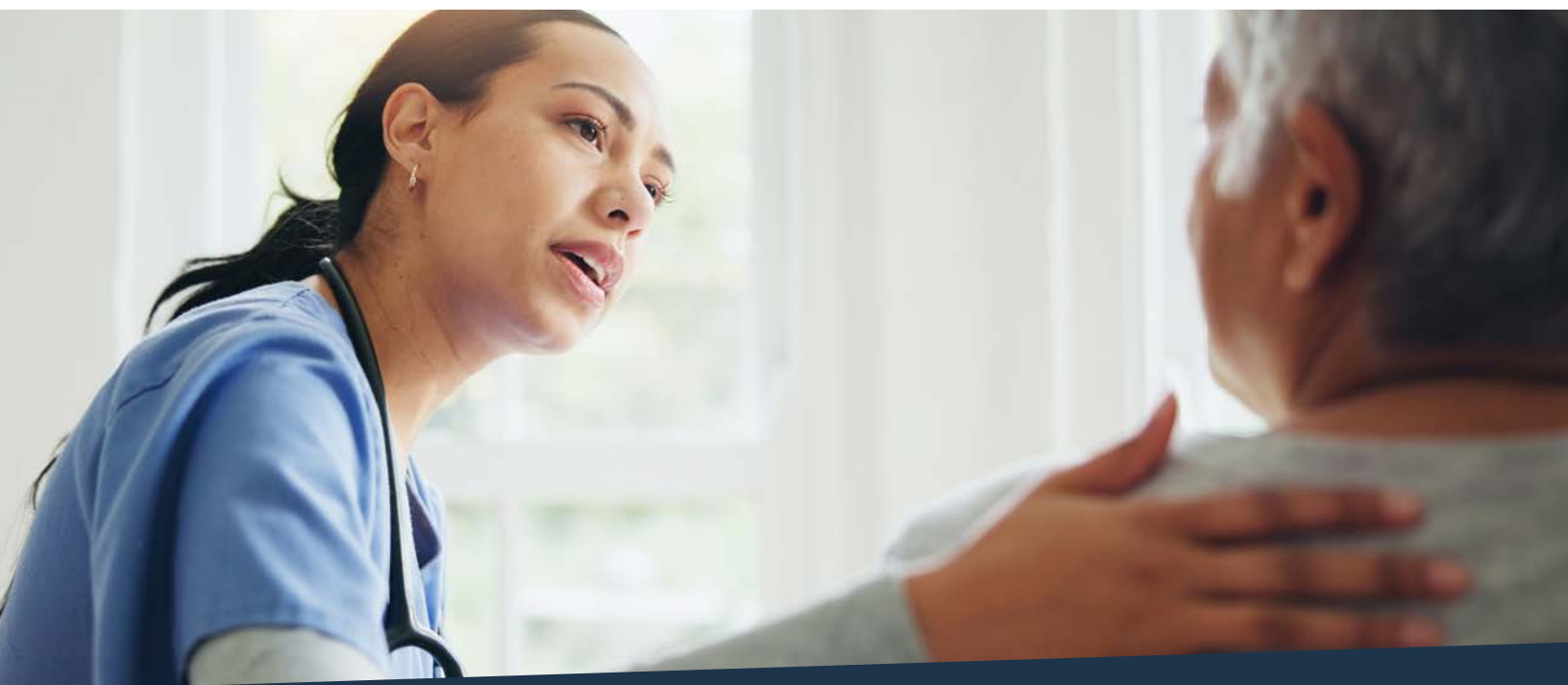
**Conduct a reasonable person could find threatening, intimidating, or humiliating includes:**

- Pestering, spying, or intruding on one's privacy
- Spreading malicious rumors
- Yelling or using profanity
- Threatening conduct (such as finger wagging)
- Criticizing a person publicly
- Blaming someone for something they can't control
- Derogatory remarks, insults, and epithets
- Physical violence or threats of violence
- Argumentative online or email communication (which may include others)

The above list includes in-person conduct as well as conduct that takes place by text or e-mail, through the use of social media, or over the internet.

**Anti-Harassment Policy**

NAHN seeks to provide a safe, non-intimidating, productive work environment and to comply with all applicable anti-harassment and anti-discrimination laws, rules, orders, and regulations. NAHN prohibits harassment and discrimination of any kind. NAHN also prohibits any type of retaliation against anyone for opposing a discriminatory practice, filing a discrimination charge or complaint, providing information in an investigation of alleged discrimination, or participating or being a witness in a discrimination lawsuit, hearing, or proceeding.



We're working to drive patient-centered progress in innovation, affordability and access to life saving prescription medications.



This policy prohibits sexual harassment and harassment or discrimination in any form based on actual or perceived race, color, religion, sex, pregnancy, national origin, age, disability, genetic information, ancestry, marital status, order of protection status, military status, sexual orientation, unfavorable discharge from military, citizenship, work authorization status, arrest record, language, expunged or sealed convictions, homelessness, victim status or any other protected classification under federal, state, or local law.

Prohibited harassment includes, but is not limited to, behavior that is offensive, abusive, threatening, intimidating, or disruptive to others. These behaviors can be verbal or physical and can include, among other things, derogatory remarks, gestures, or jokes based on actual or perceived membership in one or more of the above-mentioned protected classifications, acting on stereotypes based on such classifications, displaying or distributing cartoons, posters, or other materials based on such classifications, unwelcome touching, pinching, or other physical contact, and any form of stalking or bullying. This policy prohibits any situation in which offensive sexual conduct or unwelcome sexual advances or requests are linked to or are a condition of any NAHN decision or create a sexually hostile, intimidating, or abusive work environment. Examples of behaviors that contribute to a sexually hostile, intimidating, or abusive work environment include, but are not limited to: sexually offensive or obscene remarks, jokes, advances, or gestures; requests for sexual favors; stereotyping based on an individual's gender or sex; unwelcome touching, pinching, or other physical contact; leering; displaying or distributing sexually offensive or obscene posters, cartoons, or other materials; and any form of stalking or bullying.

### **Reporting Unprofessional Conduct or Harassment**

If you experience or witness any violations of the above policies, please notify the Executive Director and the President of NAHN within three (3) months of the incident date.

NAHN's board of directors shall review any violation of these policies by a leader or member of NAHN. Pursuant to NAHN's bylaws, the board of directors have a duty to ensure that appropriate policies have been developed, adopted, and implemented. NAHN's board of directors, in its sole discretion, shall take any appropriate and necessary action against any member that violates these policies, including conducting any investigation deemed necessary and taking remedial action, if necessary. NAHN reserves the right to take any action deemed necessary, including immediate removal from a meeting without refund, and banning any violators from attendance at any future meeting or event. NAHN may modify these policies at any time and shall provide members with notice of any revised Policy.

### **Administrative Procedures**

#### **1. Submission of Complaint**

- a. An electronic submission involving this code of conduct (a "submission of complaint") may consist of:
  - i. A request for a finding by the board of directors that a member of NAHN has violated the Code of Conduct rules.
  - ii. A request for a finding by the board of directors that a leader of NAHN (including board of directors or NAHN staff) has violated the Code of Conduct rules.
- b. Only electronic submissions via email will be considered, with this communication forwarded to the Executive Committee and Executive Director for initial review.
  - i. If a member of the initial review is named, this individual(s) will be excluded.
- c. Submissions may be made by any person or entity within three (3) months of the incident date, regardless of whether a member of NAHN, including without limitation, other nurses and affiliates, healthcare institutions, allied health professionals, and patients or organizations representing any of the above.

## **2. Preliminary Review**

- a. Upon preliminary review of a complaint the president and Executive Director may conclude, that the submission:
  - i. contains insufficient information upon which to base an investigation;
  - ii. is patently frivolous or inconsequential.
  - iii. Should be resolved by leadership at the local level
- b. In the event of any such conclusion by the president and Executive Director, the complaint shall be disposed of by notice from the Executive Director to its submitter.
  - i. This event will be tracked internally, with reason for close-out documented, and reported to the board at next scheduled board meeting

## **3. Investigation**

- a. For each complaint involving this code of conduct that is deemed valid and actionable the Executive Committee shall conduct an investigation into its specific facts or circumstances to whatever extent is necessary in order to clarify, expand or corroborate the information provided by the complainant.
- b. A member of the NAHN who is the subject of a complaint shall be informed in writing at the beginning of the investigation as to:
  - i. the nature of the complaint
  - ii. the obligation to cooperate fully in the investigation of the complaint
  - iii. the opportunity to request a hearing on the complaint before the board of directors, after meeting with the Executive Committee.
- c. Investigations shall
  - i. be conducted in confidence, with all written communications sealed and marked as “personal and confidential”;
  - ii. be conducted objectively, without any prejudgment;
  - iii. be directed toward any aspect of an inquiry or complaint which is relevant or potentially relevant;
  - iv. include interviews with the Executive Committee and the member who is the subject of the complaint and complainant.
- d. Members who are named in the complaint and refuse to cooperate with the investigation will be considered for reprimand by the board of directors (4d)

## **4. Determination of Complaint**

- a. Information shared with the board of directors will include both the original complaint and findings and recommendation of the investigatory task force.
- b. In the case of a complaint, the NAHN member will have the opportunity to make a statement in writing to the board of directors.
- c. Decisions shall be issued by the board to the complainant after passage by a simple majority of the voting board members present. Quorum must be established for voting of the board of directors. Decisions will be sent in writing to the member under investigation within 30 days after completion of the hearing.
- d. Decisions shall be issued by the board to the complainant after passage by a two-thirds majority of the entire board in one of the following four forms:
  - i. Complaint is dismissed without sanction;
  - ii. Reprimand, listing the member as not in good standing with the organization (does not allow member to serve on National Board or Committees for 1 year);
  - iii. NAHN suspension of the member for a designated period for documented breach of code of conduct greater than 2 times in one year;
  - iv. NAHN termination of membership indefinitely for documented breach of code of conduct greater than 3 times in one year.
- e. If the board fails to reach a 2/3 majority decision, then the complaint will be documented internally and dismissed.
- f. The tracking of complaints and high-level overview will be presented to membership during annual business meeting for transparency and accountability

## 5. Potential Additional Sanctions

- a. In addition to the foregoing, in any case in which the board of directors determines that a member of the NAHN has breached the code of conduct, the board of directors may impose further sanctions prohibiting the sanctioned member from sponsoring, presenting, and otherwise participating in activities sponsored by NAHN.
- b. Members of the NAHN who are suspended are deprived of all benefits of membership during the period of suspension, including board service at the local chapter or national level, and voting privileges will be revoked.

## 6. Appeal

- a. Within 30 days after receipt of notice of a decision by the board of directors, the affected member may submit in writing a request for an appeal to the board. In such event, the board of directors shall establish an appellate body consisting of at least three but not more than five members of NAHN who did not participate in the investigation or in the board of directors' decision. The appellate body shall conduct and complete the appeal within 90 days after receipt of the request for an appeal.



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# Invited Speakers



## Latino Leadership Institute

July 15, 2025 - Dallas, TX



### **Mildred Espinoza, CEO & Founder, EBLA Digital** **Tuesday, July 15, 2025, 10:00-11:00am**

Espinoza is a two-time Emmy-Award winning journalist and television executive that spent over 15 years in the broadcast industry in New York City. She is the recipient of a silver medal presented to her by the United Nations Correspondent's Association for her coverage on sustainability, climate change and tourism in Honduras. She is the recipient of a Journalism Scholarship from the National Association of Hispanic Journalists.

Mildred is now the Founder/CEO of Empowering Business Latin America, a company leading creative services through EBLA Digital in Guatemala City, Guatemala. She is a trailblazing woman who made her transition from being an established journalist and television executive in New York to an innovative entrepreneur, documentarian, and university professor of media and communication in Guatemala



### **Priscilla Valerio, PhD** **Tuesday, July 15, 2025, 1:00pm-1:45pm**

Dr. Priscilla Valerio is a passionate advocate for healthcare professional well-being, dedicated to fostering resilience and preventing burnout in demanding clinical environments. With a Master's degree in Psychology and a Ph.D. in Human Services, Dr. Valerio brings a unique blend of practical experience and deep empathy to the critical conversation around mental health in healthcare. Her extensive background includes decades of therapy experience, complemented by significant experience as a professor and educator, allowing her to bridge the gap between clinical understanding and effective teaching. As a Board Member of the National Association of Hispanic Nurses Central Florida, Dr. Valerio demonstrates her profound commitment and care for the nursing profession. Having personally navigated the challenges of high-stress healthcare settings and professional demands, she understands the "real talk" of professional demands and is committed to empowering colleagues across disciplines to prioritize their own care. Her work focuses on translating complex concepts into actionable, affordable, and accessible strategies that fit the reality of busy healthcare careers. Through her presentations and advocacy, Dr. Valerio strives to cultivate a culture where healthcare professionals can not only survive but truly thrive, ensuring sustainable careers and exceptional patient care.



### **Daniel M. Suarez, MA, RN, Past President of NAHN** **Tuesday, July 15, 2025, 2:45-3:45pm**

I have been a Nursing professional with more than 45 years of experience in the nursing field. During my career, I have held several positions as a Clinician and Nurse Recruiter in several hospitals around New York City. Currently, I work as a Clinical Liaison Manager at Mount Sinai in NYC. Prior to joining Mount Sinai, I was Director of Sales for the NY/NJ region, at Nurse.com formerly Nursing Spectrum.

Besides having a successful professional career, I am very involved in the Hispanic community helping students and young professionals to pursue a career in Nursing. I am currently the President of the National Association of Hispanic Nurses NY Chapter, and past National President.

I graduated from Stony Brook University with a BS in Nursing and earned a master's degree in nursing administration from the Teachers College at Columbia University.



### **Gilberto A. Salazar, MD, Professor of Emergency Medicine,** **University of Texas Southwestern Medical Center** **Tuesday, July 15, 2025, 3:45pm - 4:45pm**

Dr. Gilberto (Gil) Salazar is a native of Guatemala and raised in Dallas, Texas. He is a Professor of Emergency Medicine at the University of Texas Southwestern Medical Center. He currently serves as the medical director of emergency medical services (EMS) education and oversees both initial and continuing education for many Dallas-Fort Worth EMS professionals. He practices clinically and is the former medical director at Parkland Health and Hospital System Emergency Department, which is a level 1 trauma center and regional burn center, where he cares for patients and teaches resident physicians, physician assistant students, nursing students, and EMS learners. Dr. Salazar is dually board-certified in Emergency Medicine and EMS and serves as core faculty for the Emergency Medicine Residency Program. Starting September 1, 2025, he will serve as Program Director of the EMS Fellowship program at UT Southwestern. His academic passions include modern learning platforms, portable high-fidelity simulation training, improving the patient experience, cultural competence, and innovative education content development. He is the creator of Campus Emergency Preparedness and Survival Training (Campus EPAST). One of his main goals is to improve the quality of education and training provided to both professionals and civilians in the management of natural and human-made disasters, particularly active shooter situations and mass casualty incidents. His research interests include EMS education, diversity in the workplace, behavioral emergencies, operational efficiency, and cardiac care.



*\*Latino Leadership Institute (LLI) is a separate registration from the Annual Conference*

<b>8:15am – 6:00pm</b> Level 4	Prefunction: Annual Conference Registration & Information Desk Open
<b>8:00am – 5:00pm</b> Grand Ballroom 6 - Level 4	<b>LATINO LEADERSHIP INSTITUTE</b> <i>(separate ticketed event)</i>
<b>8:00am – 8:45am</b>	Breakfast
<b>9:00am – 10:00am</b>	LLI Session 1 - <b>1.2 CE</b> - Leading with Integrity: Professionalism, Accountability, and Board Excellence <b>Veronica Vital, PhD, MLS, RN</b> , NAHN President
<b>10:00am – 11:00am</b>	LLI Session 2 - <b>1.2 CE</b> - Board-Ready: Cultivating Leadership, Professional Image, and Strategic Communication for Hispanic Healthcare Trailblazers <b>Mildred Espinoza, CEO &amp; Founder</b> , EBLA Digital
<b>11:00am – 12:00pm</b>	LLI Session 3 - <b>1.2 CE</b> - Sponsored by Johnson & Johnson - Your Story, Your Power: Storytelling for Impact, Advocacy, and Leadership <b>Nina Chung, BA, MSc</b> , Account Director, Corporate Social Good, Fenton <b>Da'Vianna Nelson, BA</b> , Digital Account Director, Fenton
<b>12:00pm – 12:10pm</b>	Break
<b>12:10pm – 12:50pm</b> Grand Ballroom 7 Level 4	LLI Lunch Session
<b>12:50pm – 1:00pm</b>	Break
<b>1:00pm – 1:45pm</b>	LLI Session 4 - <b>0.9 CE</b> - Recharge & Rise: Beating Burnout in Healthcare <b>Priscilla Valerio, PhD</b>
<b>1:45pm – 2:30pm</b>	LLI Session 5 - <b>0.9 CE</b> - Beyond the Ask: Building a Financially Sustainable Chapter Through Strategic Leadership <b>Rocio Sanchez, MSN, RN</b> , NAHN Treasurer
<b>2:30pm – 2:45pm</b>	Afternoon Coffee Break
<b>2:45pm – 3:45pm</b>	LLI Session 6 - <b>1.2 CE</b> - Building Strategic Partnerships: Securing Funding to Support Chapter Initiatives <b>Daniel M. Suarez, MA, RN</b> - Past President of NAHN
<b>3:45pm – 4:45pm</b>	LLI Session 7 - <b>1.2 CE</b> - Elevating the Latino/a Patient Experience and Care Delivery through Cultural Competence: 5 Methods for the Elite Modern Healthcare Professional <b>Gilberto Salazar, MD</b> , Professor of Emergency Medicine, University of Texas Southwestern Medical Center
<b>5:00pm – 6:00pm</b>	Chapter President's Reception <i>(invitation only)</i>

# NAHN 50th ANNUAL CONFERENCE KEYNOTE SPEAKERS



**Antonia M. Villarruel**, PhD, RN, FAAN; Margaret Bond Simon Dean of Nursing at the University of Pennsylvania School of Nursing and Director of the School's WHO Collaborating Center for Nursing and Midwifery Leadership, Past President of NAHN

**Opening Keynote - Raíces Fuertes, Nuevas Alas: Celebrating the Past, Building for the Future**  
Wednesday, July 16, 2025, 11:15am-12:15pm

A bilingual, bicultural nurse researcher, Dr. Villarruel has extensive experience working with Latino and Mexican communities, focusing on health disparities, youth risk reduction, and community-based participatory research. She developed Cuidatel, a program nationally disseminated by the CDC that reduces sexual risk behavior among Latino youth. Dr. Villarruel holds leadership roles with the National Academy of Medicine and the Future of Nursing Campaign for Action, and has been recognized with numerous honors, including induction into the Sigma Theta Tau International Nurse Researcher Hall of Fame and election as a Fellow of the College of Physicians of Philadelphia. She earned her MSN from the University of Pennsylvania and her PhD in nursing from Wayne State University.



**Mary Lou de Leon Siantz**, PhD, RN, FAAN; Professor Emerita at the Betty Irene Moore School of Nursing at UC Davis and Founding Director of the Center for the Advancement of Multicultural Perspectives on Science (CAMPOS)

**Second Keynote - Unaccompanied Immigrant Children: The Intersection of Trauma and Migration in the 21st Century**  
Thursday, July 17, 2025, 8:45-9:45am

Mary Lou de Leon Siantz PhD RN FAAN, is Professor Emerita Betty Irene Moore School of Nursing and Founding Director of the Center for the Advancement of Multicultural Perspectives on Science (CAMPOS) University of California Davis. She is nationally recognized for her interdisciplinary efforts to prepare health and science, technology, engineering and mathematics (STEM) professionals, starting with Latinas, in leadership and policy. She is internationally respected for her research in migrant population health. As a professor at the Betty Irene Moore School of Nursing, de Leon Siantz has taught, conducted research and continues to mentor students in leadership policy and population health.

Her research has focused on the impact of migration on the health and development of Hispanic migrant and immigrant children and families. Most recently she has chaired the American Academy of Nursing Child, Adolescent, and Family Expert Panel. She currently chairs the subcommittee and consensus panel on the Health of Unaccompanied Immigrant Children. Dr. de Leon Siantz is a Fellow of the American Academy of Nursing, Robert Wood Johnson Executive Nurse Fellow, as well as Fellow in the Western Institute of Nursing Research. Among her many honors, the American Nurses Association SAMSHA Minority Fellowship Program has recognized her as a Pioneer in Psychiatric Mental Health Nursing. She is a co-founder of the Mental Health Nurse Scientists of the Americas, an international psychiatric mental health nursing organization focused on Mental Health in the Americas, established with psychiatric nursing colleagues from the University of Cordoba, Argentina in 1996. She is a Founding Member, a Past President of the National Association of Hispanic Nurses (NAHN) and Founder of Hispanic Health International during her NAHN presidency.



**Jen Buck**, Leadership and Relationship Expert

**Third Keynote - Inspire, Engage, Impact!**  
Friday, July 18, 2025, 9:00-10:00am

Jen Buck began the first decade of her career in a startup helping to launch a billion-dollar global and award-winning brand while in a leadership development training role. Having now been a professional Keynote Speaker for 27 years, she's given over 10,000 programs impacting more than one million people throughout her tenure. As a five-time best selling author with ten publications, hosting a television show that was seen in 50 countries worldwide, as well as a podcast that highlights female leaders who are changing their corner of the world, Jen is committed to amplifying great leaders and helping them make an impact in the rooms where decisions are made.



**Melissa Hladek**, PhD, CRNP, FNP-BC, FAAN; Assistant Professor and Principal Faculty in the Center for Equity in Aging at the Johns Hopkins University School of Nursing

**Closing Keynote - The Wounded Healer: How Hope Becomes Power for the Latino/a Nurse**  
Friday, July 18, 2025, 12:50-1:50pm

Dr. Hladek is an expert in health equity, behavior change and aging. Her research focuses on the intersection of how stress, self-efficacy, and sociocultural factors influence aging and multiple chronic conditions, especially advanced kidney disease, as well as the development of strengths-based, person-environment strategies and policies to improve outcomes. Dr. Hladek is funded through multiple institutes at the National Institute of Health, the American Heart Association and the John A. Hartford Foundation.

Dr. Hladek is a staunch advocate for centering patients' values and goals in both research and clinical healthcare decision-making. As such, Dr. Hladek is the lead nurse practitioner in the national effort to disseminate Patient Priorities Care (PPC) to NP clinicians and students, also working with the PPC national team in multi-disciplinary dissemination and Spanish translation efforts. These contributions have refined the clinical practices of more than 13,000 clinicians and students toward person-centered care for older adults, focusing on vulnerable groups. Her two current pilot randomized control trials are both co-developed between the participant and the interventionists to address issues like: symptom burden, functional limitations, the home environment, communication skills and digital literacy.

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# Student Bootcamp Agenda: Tuesday, July 15

*Included for all student registrants of the NAHN Annual Conference*

<b>11:00am – 6:00pm</b> <i>Prefunction - Level 4</i>	<b>Annual Conference Registration &amp; Information Desk Open</b>
<b>11:00am – 6:00pm</b> <i>Grand Ballroom 8 - Level 4</i>	<b>NAHN Annual Conference' Student Bootcamp</b> Included for all student registrants of the NAHN Annual Conference
<b>11:00am – 11:45am</b>	<b>Student Bootcamp:</b> Welcoming Remarks, NAHN History, & the Networking Game <i>Jennifer Figueroa-Delgado, DNP, ANP-BC, MS, RN &amp; Armando Riera, MSN, APRN, ANP-C, AHP</i>
<b>11:45am – 12:15pm</b>	<b>Student Bootcamp Session 1:</b> Experiencing DEI in the Workplace <i>Lois Lopez, DNP, MSN, RN</i>
<b>12:15pm – 1:00pm</b>	<b>Student Bootcamp Session 2:</b> Transition to Practice Panel
<b>1:00pm – 2:00pm</b> <i>Grand Ballroom 8 - Level 4</i>	<b>Networking Lunch</b>
<b>2:00pm – 3:00pm</b>	<b>Student Bootcamp Session 3:</b> Mock Interviews Workshop with Recruiters
<b>3:00pm – 3:15pm</b>	<b>Break</b>
<b>3:15pm – 4:00pm</b>	<b>Student Bootcamp Session 4:</b> Path to Leadership <i>Nelson Martinez</i>
<b>4:00pm – 5:30pm</b>	<b>Student Bootcamp Session 5:</b> Mock Codes Interactive Workshop
<b>5:30pm – 5:45pm</b>	<b>Student Bootcamp</b> Closing Remarks

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# Annual Conference Agenda: Wednesday, July 16

<b>7:00am – 6:00pm</b> <i>Prefunction - Level 4</i>	<b>Registration &amp; Information Desk Open</b>
<b>7:30am – 8:45am</b> <i>Exhibit Hall B - Level 1</i>	<b>Welcome Breakfast</b> <b>Exhibit Hall Open</b> - Poster Hall Set Up (Group A)
<b>8:45am – 9:45am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Opening Ceremonies</b> – (including parade of chapters)
<b>9:45am – 10:45am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 1 - 1.2 CE - 50th Anniversary Session – Legends Panel</b> <i>Eloisa Taméz, RN, PhD, MSCJ, FAAN, Hector Gonzalez, PhD, VR-RN, Anabell Castro Thompson, MSN, RN, ANP-C, FAAN, FAANP, Miriam ‘Mimi’ Gonzalez, BS, RN Carmen Portillo, PhD, RN, FAAN</i>
<b>10:45am – 11:15am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Morning Coffee Break - Sponsored by UPMC</b>
<b>11:15am – 12:15pm</b> <i>Grand Ballroom 1-5</i>	<b>Session 2 - 1.2 CE - Opening Keynote - Raices Fuertes, Nuevas Alas: Celebrating the Past, Building for the Future</b> <i>Antonia M. Villarruel, PhD, RN, FAAN; Professor and Margaret Bond Simon Dean of Nursing University of Pennsylvania</i>
<b>12:15pm – 1:15pm</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 3 – Sponsored by Pfizer Multicultural Health Equity Collective - An Action Guide to Disrupt Inequitable Health Outcomes</b> <i>Melissa Bishop-Murphy, JD, MBA, Senior Director, National Government Relations &amp; Multicultural Affairs; Co-Chair, Multicultural Health Equity Collective, Pfizer, Inc</i>
<b>1:15pm – 1:30pm</b> <i>Exhibit Hall B - Level 1</i>	<b>Ribbon Cutting Ceremony</b>
<b>1:30pm – 3:15pm</b> <i>Exhibit Hall B - Level 1</i>	<b>Exhibit Hall Open</b> <b>Lunch served in Exhibit Hall: 1:30-2:30pm - Sponsored by the Alzheimer’s Association</b>
<b>2:00pm – 3:00pm</b> <i>Exhibit Hall B - Level 1</i>	<b>Session 4 - 1.2 CE - Poster Presentations – Group A</b>
	<b>CLINICAL &amp; EVIDENCE-BASED PRACTICE</b>
	1. ¡Comuniquémonos! Transforming the Health of Latinas Through Culturally and Linguistically Appropriate Care <i>Erica Nelson</i>
	2. Improving Nurse-Patient Communication on New Medication Purpose and Side Effects Using Ask Me 3 <i>Abigail Fuller</i>
	4. Racial and Ethnic Disparities in Emergency Department Care: Addressing Inequities for Hispanic Populations <i>Danny Hernandez</i>
	5. Suicide Risk and Behavioral Health Disparities in Hispanic American Immigrants <i>Francisco Brenes, Rosa Roche, &amp; Ivette Hidalgo</i>
	6. Applying the Interpersonal Psychological Theory of Suicide to U.S. Hispanics <i>Francisco Brenes, Rosa Roche, &amp; Ivette Hidalgo</i>
	<b>EDUCATION</b>
	8. Farm to Fork: Farmworkers’ Health and Sac NAHN <i>Lisa Rodriguez &amp; Valeria Martinez</i>
	9. Increasing Community Awareness of Alzheimer’s Disease and Minority Ethnic Participation in Clinical Trials: The Role of Ethnic Nursing Organizations in Promoting Ethnic Equity in Research and Access to Health Care <i>Maria Matza, Noemi Barajas, &amp; Manuel Sagarnaga</i>
	10. Supporting the Success of Undocumented Nursing Students <i>Vania Carter-Strauss</i>
	11. University Clubs as an Effective Strategy to Engage with Hispanic Communities <i>Matthew Anderson, Brandon Thatcher, Bryce Lewis, &amp; Emma Lewis</i>

& <b>Annual Conference Agenda: Wednesday, July 16</b> <i>(continued)</i>			
	12. Unleashing the Power of Cultural Simulation <i>Ledys Perez</i>		
	<b>LEADERSHIP &amp; PROFESSIONAL DEVELOPMENT</b>		
	13. Advancing Brain Health Equity: Empowering Nurses to Address Alzheimer's Disparities Through Education, Leadership, and Community Engagement <i>Daphne A. Delgado, Roberto Molina Bon, &amp; Mayra G. Garcia</i>		
	14. From Bias to Best Practices: Transforming the Peer Review Process in Nursing Publications <i>Mayra Garcia</i>		
	15. Student Nurse Perceptions of Teamwork Based on Clinical Practice Experience <i>Gloria Loera</i>		
	<b>RESEARCH</b>		
	17. Adolescent and Parental Communication in the Setting of Pediatric Serious Illness <i>Erika Ventura Castellon</i>		
	18. Barriers, Support, and Resilience: Exploring the Prenatal and Postpartum Care Experiences of Latina Women in Iowa <i>Jimmy Reyes</i>		
	19. Mentorship Experiences of Hispanic Nurses: A Scoping Review <i>Jennifer Sandoval &amp; Ursula Canli</i>		
	20. Nurse's Perceptions of Caring with Limited-English Spanish-Speaking Patients <i>Lizette Villanueva</i>		
	21. Promoting Cognitive Health and Early Intervention among Latino Older Adults in a Midwest Micropolitan Setting <i>Jimmy Reyes</i>		
	22. Firearm Suicide Prevention: Leveraging New Information About Circumstances Preceding Firearm Suicide Among Hispanic/Latino Adults in the U.S. <i>Evan Goldstein</i>		
<b>3:15pm – 3:55pm</b> Grand Ballroom 6-8 -Level 4	<b>Session 5 - CONCURRENT SESSIONS - 0.8 CE</b>		
	<b>Concurrent A</b> Grand Ballroom 8 <b>EDUCATION</b> Empowering Change: A Decade of Building a Stronger Hispanic Nursing Workforce <i>Amanda Quintana</i>	<b>Concurrent B</b> Grand Ballroom 7 <b>CLINICAL &amp; EVIDENCE- BASED PRACTICE</b> Eliminating Language Barriers by Improving Access to Professional Medical Interpreters <i>Ana Cristina Pichardo Furman</i>	<b>Concurrent C</b> Grand Ballroom 6 <b>LEADERSHIP &amp; PROFESSIONAL DEVELOPMENT</b> Starting Your Own Business as a Latine Nurse <i>Carlos Moreno Elizabethte Nava Grace Grau Zafar Anwar</i>
<b>3:55pm – 4:05pm</b>	<b>Break</b>		

# Annual Conference Agenda: Wednesday, July 16 *(continued)*

<b>4:05pm – 4:45pm</b> Grand Ballroom 6-8 - Level 4	<b>Session 6 - CONCURRENT SESSIONS - 0.8 CE</b>		
	<b>Concurrent A</b> Grand Ballroom 8 <b>EDUCATION</b> Barriers And Facilitators to Pursuing Doctoral Education <b>Veronica Barcelona</b> <b>Mayra Garcia</b> <b>Brenda Olmos</b> <b>Jacob Martinez</b> <b>Rosario Medina</b> <b>Gloria Loera</b> <b>Jeneva Gularte-Rinaldo</b>	<b>Concurrent B</b> Grand Ballroom 7 <b>CLINICAL &amp; EVIDENCE-BASED PRACTICE</b> Colgate, OHNEP, NAHN Oral Health Literacy Champions: Leading the Way in Community-Based Oral Health Programming <b>Judith Haber</b> <b>Matilde Hernandez</b> <b>Carli Culjat</b>	<b>Concurrent C</b> Grand Ballroom 6 <b>RESEARCH</b> Familia y Cultura: Exploring Educational Comics to Increase Dementia and Brain Health Knowledge among Hispanic Family Caregivers and Women Living on the U.S.-Mexico Border: A Mixed Methods Study <b>Christy Blanco</b> <b>Clarissa Waletzco</b> <b>Jacob Martinez</b> <b>Crystal Brown</b> <b>Sarah Jimenez</b> <b>Isela Maier</b> <b>Daniella Quesada</b>
<b>4:45pm – 5:15pm</b> Prefunction - Level 4	<b>Afternoon Coffee Break</b>		
<b>5:15pm – 5:55pm</b> Grand Ballroom 6-8 - Level 4	<b>Session 7 - CONCURRENT SESSIONS - 0.8 CE</b>		
	<b>Concurrent A</b> Grand Ballroom 8 <b>LEADERSHIP &amp; PROFESSIONAL DEVELOPMENT</b> From The Bedside to the Boardroom - Fortaleza Y Bienestar: Combating Burnout and Addressing Self-Care Stigma in Hispanic Nursing Professionals <b>Nora Hernandez Pupo</b> <b>Cecilia Zorio</b>	<b>Concurrent B</b> Grand Ballroom 7 <b>CLINICAL &amp; EVIDENCE-BASED PRACTICE</b> Cultura Y Salud: Transforming Diabetes Care for Spanish-Speaking Patients Through Shared Medical Appointments <b>Leticia Wilke</b>	<b>Concurrent C</b> Grand Ballroom 6 <b>RESEARCH</b> Marianismo's Influence on Suicidal Thoughts and Behaviors and Help-Seeking Patterns Among Mexican-Descent Women Attending College <b>Marianne Gutierrez</b> <b>Lilian Bravo</b>
<b>6:00pm – 7:00pm</b> Exhibit Hall B - Level 1	<b>Welcome Reception in Exhibit Hall</b>		

# Annual Conference Agenda: Thursday, July 17

<b>7:00am – 6:00pm</b> Prefunction - Level 4	<b>Registration &amp; Information Desk Open</b>
<b>7:30am – 8:30am</b> Exhibit Hall B - Level 1	<b>Breakfast in Exhibit Hall</b> <b>Exhibit Hall Open</b> -Poster Hall Set Up (Group B)
<b>8:45am – 9:45am</b> Grand Ballroom 1-5 - Level 4	<b>Session 8 - 1.2 CE - Second Keynote - Unaccompanied Immigrant Children: The Intersection of Trauma and Migration in the 21st Century</b> <b>Mary Lou de Leon Siantz, PhD, RN, FAAN</b> , Professor Emerita & Founding Director Center for The Advancement of Multicultural Perspectives on Science (CAMPOS), Betty Irene Moore School of Nursing University of California, Davis
<b>9:45am – 10:15am</b> Grand Ballroom 1-5 - Level 4	<b>Session 9 – Sponsored by PhRMA - Access to Innovative Medicines:</b> An Update for Nurses <b>Sharon Lamberton, MS, RN, FAAN</b> , Deputy VP State Policy and External Outreach, PhRMA

# Annual Conference Agenda: Thursday, July 17 *(continued)*

<b>10:15am – 10:45am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 10 - Sponsored by Parkland Health</b>
<b>10:45am – 11:15am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 11 - 0.6 CE - Plenary: Diabetes Education Goes Viral: Exploring Social Media's Impact on Latino Communities</b> <i>Lisa Diaz, MSN, RN, CDCES</i>
<b>11:15am – 11:45am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 12 – Sponsored by the American Red Cross - American Red Cross: A Community Health Resource</b> <i>Maribel Garcia Colon, MD</i>
<b>11:45am – 1:00pm</b> <i>Exhibit Hall B - Level 1</i>	<b>Exhibit Hall Open</b> <i>Lunch served in Exhibit Hall: 11:45am – 12:45pm</i>
<b>12:00pm – 1:00pm</b> <i>Exhibit Hall B - Level 1</i>	<b>Session 13 - 1.2 CE - Poster Presentations – Group B</b>
	<b>CLINICAL &amp; EVIDENCE-BASED PRACTICE</b>
	27. The Critical Role of Botánicas in the Health and Wellness of Hispanic American Immigrants <i>Francisco Brenes, Rosa Roche, &amp; Ivette Hidalgo</i>
	23. Enhancing Health Care Outcomes Through Medical Interpreters: Can AI Make a Difference? <i>Rose Nieves</i>
	24. Increase ICU Capacity – Alleviate ICU Congestion by Building a Bridge with ICU Step Down Units <i>Tania Jones</i>
	25. Methods for Overcoming HPV Vaccination Barriers via Practical Scenarios <i>Paola German</i>
	26. Reducing Readmission Rate for Spanish-Speaking Families Through a Virtual Nursing Program <i>Sophy Rodriguez</i>
	28. Type 2 Diabetes Risk Scores in Latinos: A Literature Review <i>Veronica de Los Angeles Hernandez-Morales</i>
	29. Using Clinical Documentation to Achieve Health Equity <i>Veronica Barcelona</i>
	<b>EDUCATION</b>
	30. Analyzing the Impact of a Culturally Inclusive Book Club <i>Matthew Ramos</i>
	31. Bright Smiles, Brighter Futures: Cultivating the Legacy of Hispanic Nursing Excellence Through Community Oral Health Initiatives <i>Jamie Najera</i>
	32. Cultural Humility and Shared Decision-Making In Nursing <i>Brandon Thatcher &amp; Whitney Bednar</i>
	33. Enhancing Nursing Pathways for First-Generation High School Students through a One-Hour Educational Intervention <i>Lourdes Grano, Lisa Rodriguez, &amp; Lupe Padilla</i>
	34. Examining the Impact of Course Failure or Course Withdrawal on Progression and NCLEX-RN Pass Rates among Prelicensure Nursing Students. <i>Ceil Flores &amp; Ahmad Hamdan</i>
	35. Generating Lasting Oral Wellness with Nursing Guidance <i>Tony Ornelas, Lyda Velez, &amp; Ashley Merida</i>
	36. Implementation Plan for Diabetes Survival Skill Education on a Cardiology Unit <i>Martha Benavides</i>

# Annual Conference Agenda: Thursday, July 17 *(continued)*

	37. Oral Health Education in New Mexico Rural Communities <b>Carmen Luttrell</b>		
	38. Salud Por Ti Sacramento: The Journey and Impact of a Wellness Educational intervention among Latino School-age Children and Families <b>Monica Aguilar, Edna Esquer, &amp; Reyna Portillo-Marzocca</b>		
	<b>LEADERSHIP &amp; PROFESSIONAL DEVELOPMENT</b>		
	39. Current Environmental Climate Demands the Emergence of a More Inclusive Nursing Figure <b>Imelda Reyes &amp; Claudia Valdez-Lowe</b>		
	40. Establishing a Local Chapter of the Hispanic Nurses Organization in Rural West Texas: Addressing Health Disparities and Promoting Cultural Competency <b>Cheyenne Vasquez Garza &amp; Becky Fuentes</b>		
	41. Helping Hispanic Nursing Students Thrive: Building Leadership Confidence Through Mentorship and Representation <b>Maria Hughes</b>		
	42. Hispanic CRNAs: Addressing Underrepresentation and Enhancing Diversity in Nurse Anesthesia & Zafar Anwar		
	<b>RESEARCH</b>		
	43. Breaking Barriers: Addressing Health Needs and Access Challenges Among Iowa's Migrant and Seasonal Farmworkers <b>Jimmy Reyes</b>		
	44. El Descubrimiento De La Influencia E Importancia De La Expresión Artística a Mini Study: Understanding the Cultural Values and Beliefs of Colombian-Born Persons Living in The U.S. Regarding the Care of Family with Alzheimer's Disease <b>Carolina Frantz &amp; Richard Zoucha</b>		
	45. Intergenerational Transmission of Health Behaviors Associated with Lifestyle Diseases: A Systematic Review <b>Josefina Corral</b>		
	46. Nurses Around the World Experience Stress, Loss, And Violence <b>Paola Dixon</b>		
	47. When The Right Words Matter Most in The Pediatric Emergency Department <b>Caroline Meza</b>		
<b>1:00pm – 1:40pm</b> Grand Ballroom 6-8-Level 4	<b>Session 14 - CONCURRENT SESSIONS - 0.8 CE</b>		
	<b>Concurrent A</b> Grand Ballroom 8 <b>EDUCATION</b> Nursing Faculty Careers: Perspectives Among Hispanic Nurses <b>Sandra Calderon</b>	<b>Concurrent B</b> Grand Ballroom 7 <b>CLINICAL &amp; EVIDENCE-BASED PRACTICE</b> Hispanic Nurses Leading Disaster Response: Infection Control and Health Equity During the Eaton Fire <b>Adrienne Martinez-Hollingsworth</b>	<b>Concurrent C</b> Grand Ballroom 6 <b>LEADERSHIP &amp; PROFESSIONAL DEVELOPMENT</b> Bridging the Gap: Climate Policy to Health Benefits <b>Milagros Elia Hannah Noel</b>
<b>1:40pm – 1:50pm</b>	<b>Break</b>		

# Annual Conference Agenda: Thursday, July 17 *(continued)*

<b>1:50pm – 2:30pm</b> <i>Grand Ballroom 6-8 - Level 4</i>	<b>Session 15 - CONCURRENT SESSIONS - 0.8 CE</b>		
	<b>Concurrent A</b> <i>Grand Ballroom 8</i> <b>EDUCATION</b> Project ENFERMERÍA: Advancing Hispanic Representation and Culturally Congruent Care in Graduate Nursing Education <b>Valerie Martinez</b> <b>Humberto Lopez Castillo</b> <b>Cyndia Muniz</b>	<b>Concurrent B</b> <i>Grand Ballroom 7</i> <b>CLINICAL &amp; EVIDENCE-BASED PRACTICE</b> Understanding The Significance of Culturally Congruent Care for Hispanic Individuals and Families Experiencing an Ostomy In The Context of Social Determinants of Health <b>Cecilia Zamarripa</b> <b>Richard Zoucha</b>	<b>Concurrent C</b> <i>Grand Ballroom 6</i> <b>RESEARCH</b> Barriga Llena Corazón Contento": A Qualitative Study Exploring Mexican-American Women's Experiences of Stress and Eating Related to Health as a Part of Daily Life <b>Rosario Jaime-Lara</b>
<b>2:30pm – 3:00pm</b> <i>Prefunction - Level 4</i>	<b>Afternoon Coffee Break</b>		
<b>3:00pm – 3:40pm</b> <i>Grand Ballroom 6-8 - Level 4</i>	<b>Session 16 - CONCURRENT SESSIONS - 0.8 CE</b>		
	<b>Concurrent A</b> <i>Grand Ballroom 8</i> <b>EDUCATION</b> Empowering Nurses to Protect Patient Rights: Dissemination of the NAHN Phoenix Red Card Toolkit <b>Mia Manzo</b> <b>Carolina Mendez</b> <b>Ashley Merida</b>	<b>Concurrent B</b> <i>Grand Ballroom 7</i> <b>CLINICAL &amp; EVIDENCE-BASED PRACTICE</b> Development of a Telenovela Storyboard to Promote Exclusive Breastfeeding Among Hispanic Women <b>Christine Toledo</b> <b>Evelyn Iriarte Parra</b> <b>Natalia Villegas Rodriguez</b>	<b>Concurrent C</b> <i>Grand Ballroom 6</i> <b>RESEARCH</b> Exposing the Risk: Identifying Perspectives on Skin Cancer Awareness and Prevention Opportunities Among Hispanic Outdoor Workers <b>Roxanne Mirabal-Beltran</b> <b>Carlos Orellana Garcia</b>
<b>3:40pm – 4:00pm</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Seating &amp; Check-In for NAHN Annual Business Meeting</b>		
<b>4:00pm – 6:30pm</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>NAHN Annual Business Meeting</b>		
<b>8:00pm</b>	<b>Local Fundraiser: Boots 'N Bling - Stockyards Station</b> <i>(additional ticketed event)</i>		

# Annual Conference Agenda: Friday, July 18

<b>8:00am – 1:30pm</b> <i>Prefunction - Level 4</i>	<b>Registration &amp; Information Desk Open</b>
<b>8:30am – 9:00am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 17- Breakfast &amp; NAHN Research Projects Updates</b>
<b>9:00am – 10:00am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 18 - 1.2 CE - 3rd Keynote - Inspire, Engage, Impact!</b> <b>Jen Buck</b>
<b>10:00am – 10:45am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 19 - Sponsored by Sutter Health</b>
<b>10:45am – 11:20am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Session 20 - 0.7 CE - Sponsored by the National Dairy Council</b> <i>Nuestros Sabores: Culinary Medicine to Enhance Health Outcomes with Nutrition Education</i>  <b>Lana Balvin Frantzen, PhD</b> , Vice President of Nutrition Affairs at the National Dairy Council <b>Adrianna Nava, PhD, MPA, RN, FAAN</b> , Immediate Past President National Association of Hispanic Nurses (NAHN), National Dairy Council Ambassador, Primary Investigator (PI), Fuel2Flourish <b>Liliana Trespalacios, BSN, RN, RMA</b> , Brain Health Equity Fellow, Sigma Theta Tau Global Advocacy Scholar, Co-Author, Latinas in Nursing Vol. II, President Abilities EBRG Chicago Chapter, American Airlines
<b>11:20am – 11:35am</b> <i>Grand Ballroom 1-5 - Level 4</i>	<b>Coffee Break - Sponsored by National Dairy Council</b>

# Annual Conference Agenda: Friday, July 18 *(continued)*

<b>11:35am – 12:05pm</b> Grand Ballroom 1-5 - Level 4	<b>Session 21 - 0.6 CE - Enhancing Health Outcomes for Hispanic People Through Participatory Research</b> <i>Maithe Enriquez</i> , Hispanic Health Care International Editor-in-Chief
<b>12:05pm – 12:50pm</b> Grand Ballroom 1-5 - Level 4	<b>Session 22 - Sponsored by Pfizer, Inc. - Sticking it to COVID-19: Updates on the Disease and a Vaccine Option from BioNTech and Pfizer</b> <i>Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP</i> , Wright & Associates Family Healthcare
<b>12:50pm – 1:50pm</b> Grand Ballroom 1-5 - Level 4	<b>Session 23 - 1.2 CE - Closing Keynote - The Wounded Healer: How Hope Becomes Power for the Latino/a Nurse</b> <i>Melissa deCardi Hladek, PhD, MSN, BSN, BS, RN, CRNP, FNP-BC, FAAN</i>
<b>1:50pm – 2:00pm</b> Grand Ballroom 1-5 - Level 4	<b>Closing Remarks</b>
<b>2:00pm – 2:45pm</b>	<b>Lunch on One's Own</b>
<b>2:45pm – 5:00pm</b> Prefunction - Level 4	<b>Volunteer Event</b>
<b>6:30pm - 11:45pm</b> Grand Ballroom 1-5 - Level 4	<b>NAHN's Golden Legacy Awards Gala</b> <i>(additional ticketed event)</i> <b>Sponsored by Parkland Health</b> Recommended attire: formal or cocktail attire incorporating gold, ivory, and black.



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The Leonard A. Lauder Community Care Nurse Practitioner Program at Penn Nursing is a tuition-free program dedicated to developing a primary care nurse practitioner workforce for adult gerontology, family, midwifery, pediatrics, psychiatric mental health, and women's health.

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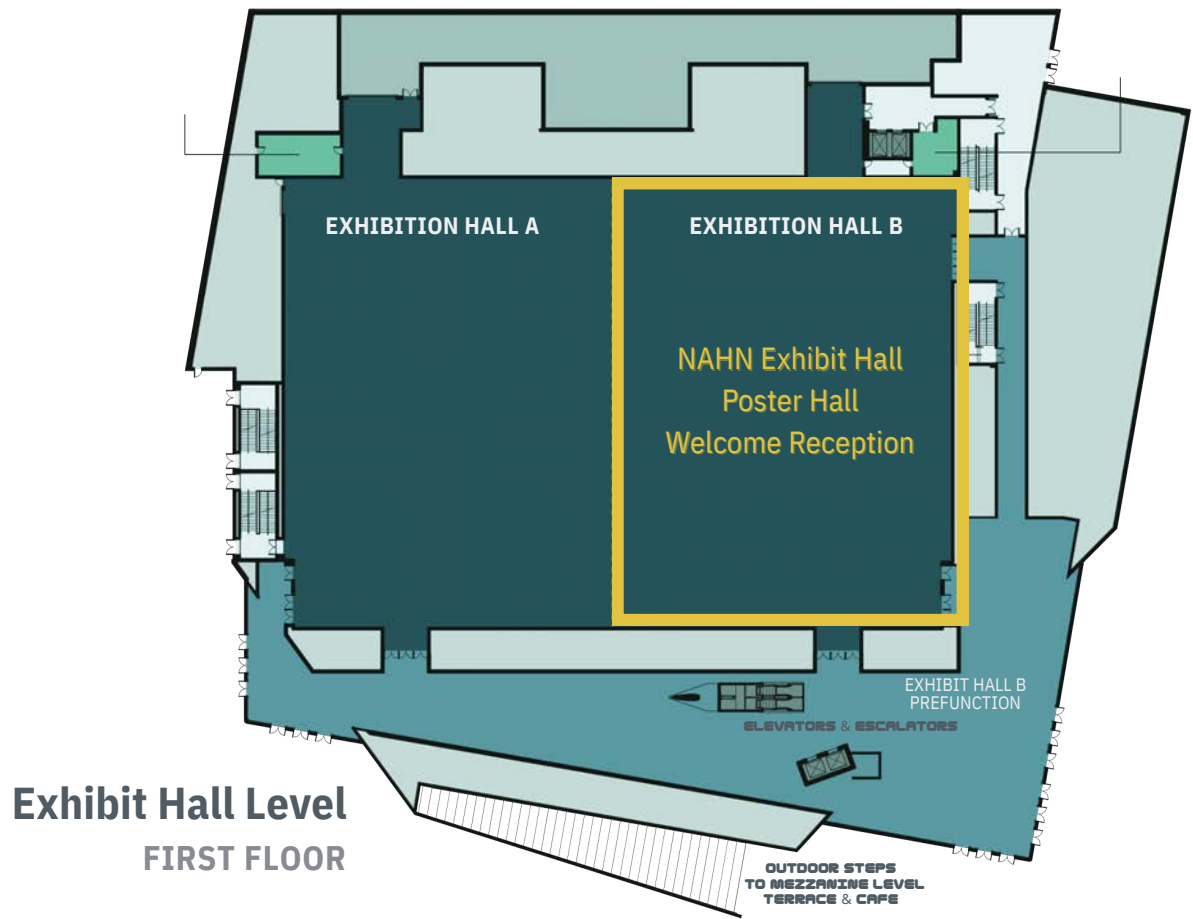
### Learn More

#### Join a Virtual Information Session

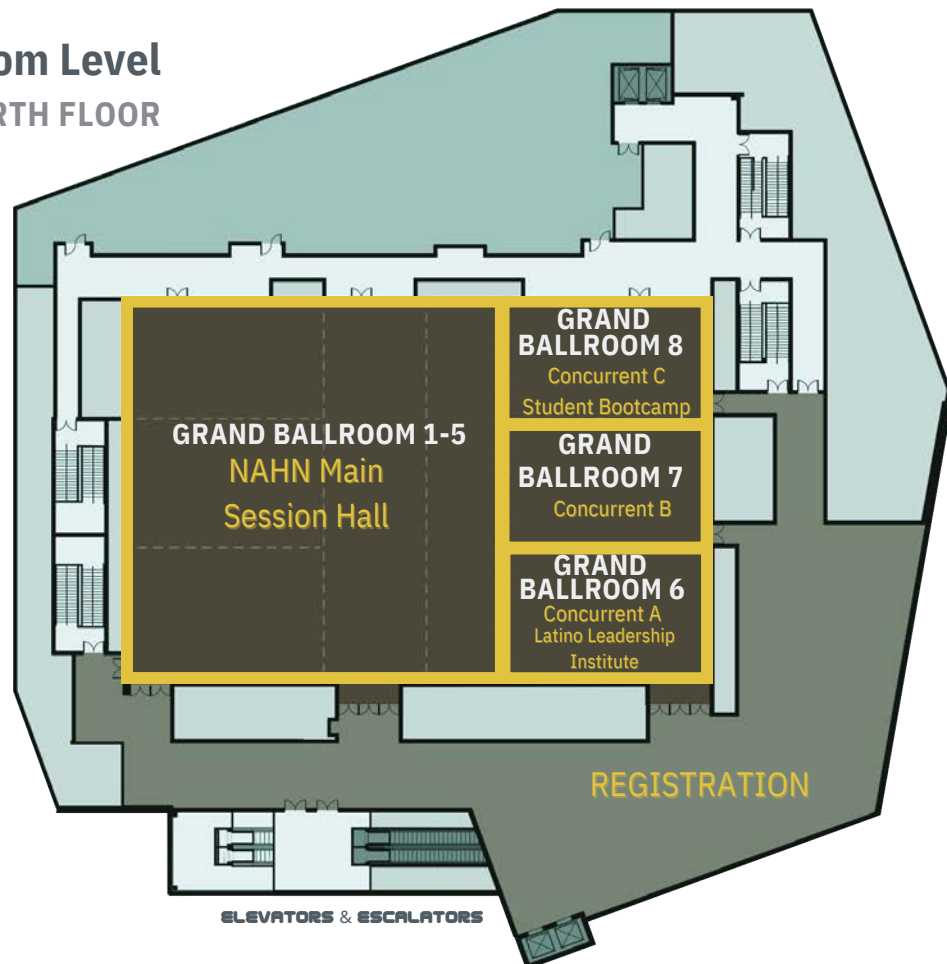
**July 23, 6:30 PM ET**  
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**September 23, 3:00 PM ET**  
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"This program has opened so many doors for me. It will allow me to follow my passions, to help my community, and serve underserved areas as a primary care provider. I'm incredibly grateful for the opportunity to continue my education—especially at an institution like Penn Nursing."

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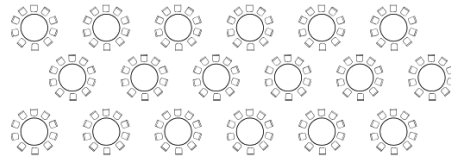


**Grand Ballroom Level  
FOURTH FLOOR**



# EXHIBITORS BY COMPANY

\*Subject to change.



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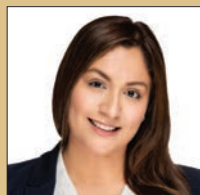


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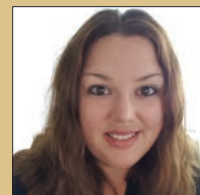


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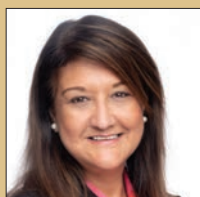


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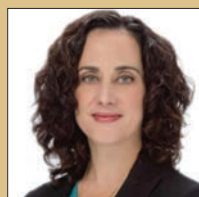


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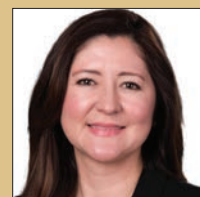


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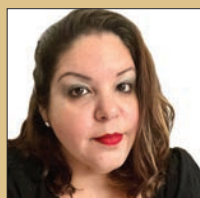


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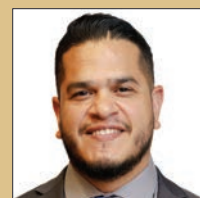


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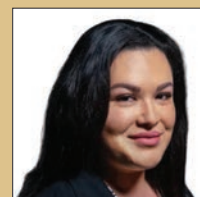


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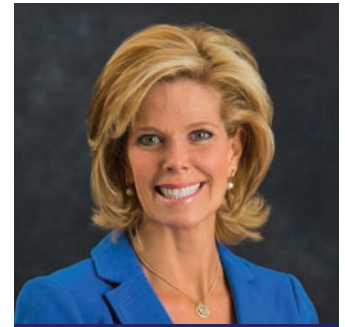
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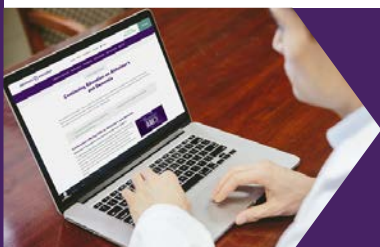
# Hispanic Americans and Alzheimer's Disease

## Information and Support for all Affected

Older Hispanics are about 1.5 times as likely to be living with Alzheimer's or other dementias as older Whites.

### Resources are available:

- » Visit [alz.org/hispanic](https://alz.org/hispanic).
- » Call our free 24/7 Helpline (**800.272.3900**).
- » Contact your local Alzheimer's Association® chapter.



**Need CMEs?** Explore free Alzheimer's and dementia activities at [training.alz.org/ClinicalEducation](https://training.alz.org/ClinicalEducation).



### We don't just see patients: we understand and support them.

At Suvida, we aim to improve the quality of life for Hispanic older adults through holistic primary care. Our kind and bilingual providers serve the medical, behavioral, social and cultural needs of our patients.

At our Neighborhood Centers, we understand and support the whole person and those who care for them.



**Your primary care.  
Your health.  
"Su vida."**

## NOTES



# 5 Maneras de Mantener a Nuestra Comunidad Informada Acerca Del COVID-19

Para nuestra comunidad hispana, el mantenernos saludables es una responsabilidad compartida que fortalece el bienestar común. Entender la función que tienen las opciones de tratamiento para el COVID-19, especialmente en pacientes de alto riesgo, es un paso importante frente a este reto constante. En este artículo, explicaremos los puntos claves a considerar y cómo podemos trabajar juntos para mantener a nuestra comunidad informada y preparada.

## 1. Conoce quién corre mayor riesgo

Algunas condiciones como la diabetes, las enfermedades del corazón, la obesidad y las condiciones mentales como la depresión, pueden aumentar el riesgo de desarrollar una condición severa de COVID-19. En los Estados Unidos, aproximadamente el 75 % de los adultos corre un riesgo alto de tener COVID-19 grave, por eso es de vital importancia reconocer el valor de un tratamiento temprano tan pronto se presenten los primeros síntomas.<sup>1</sup>

Si estamos al día acerca de las opciones de tratamientos que están disponibles y cómo acceder a ellos, podremos tomar las decisiones correctas para ayudar a nuestra comunidad.

## 2. Actuar rápidamente marca la diferencia

Para muchos, la idea de contactar al doctor puede ser abrumadora, especialmente si al comienzo los síntomas son leves. Incluso cuando lo son, pueden complicarse rápidamente. Mantener al paciente informado y preparado, le permitirá ahorrar tiempo valioso y asegurar que reciba el cuidado que necesita, en el momento oportuno. Actuar a tiempo es crucial. No hacerlo, podría reducir las opciones de tratamiento para posibles pacientes.

## 3. Obtén información acerca de los tratamientos orales para el COVID-19

Existe una variedad de opciones de tratamientos para el COVID-19. La clave es saber cuáles están disponibles, en caso de que el paciente esté en riesgo de padecer una enfermedad grave. Asegúrese de tratar no solo los síntomas, sino también la enfermedad. Converse con el paciente acerca de cómo las opciones de tratamiento pueden actuar de manera diferente en el cuerpo, y cómo trabajan diferente dependiendo de su historial médico y factores de salud.

## 4. Llegó la hora de abordar las desigualdades en la salud

Como lo indican los estudios en el 2023, los hispanos se ven afectados de una manera desproporcionada, ya que experimentan niveles más altos de hospitalización y fallecimientos que los estadounidenses de raza blanca.<sup>2</sup> Las desigualdades sistémicas de la salud son el resultado de varios factores, como el acceso limitado al cuidado de salud, la falta de información y las condiciones latentes.

Animar a pacientes a buscar atención para el COVID-19, que hablen con su doctor y sepan cuándo tomar acción, nos ayudará a cerrar la brecha en el cuidado de la salud.

## 5. Corre la voz y mantente informado

Cuando se trata de sobrellevar el COVID-19, saber es poder. Cuanta más información compartimos sobre las opciones de tratamientos contra el COVID-19, más posibilidades le damos a nuestra comunidad de recuperarse, seguir adelante y estar alerta.

Si el paciente sale positivo en la prueba de COVID-19, debe actuar de inmediato. Pídale que se comunique con usted para conocer las opciones de tratamiento, sin importar lo que esté tomando en casa.

Para más información, por favor visita nuestra página web al [sihablamosnoslevantamos.com](https://sihablamosnoslevantamos.com)

# SI HABLAMOS, NOS LEVANTAMOS

Cortesía de Pfizer

<sup>1</sup>Ajufo et al. U.S. population at increased risk of severe illness from COVID-19. American Journal of Preventive Cardiology 6 (2021) <https://www.sciencedirect.com/science/article/pii/S2666667721000118?via%3Dihub>

<sup>2</sup>Centers for Disease Control and Prevention. Risk for COVID-19 infection, hospitalization, and death by race/ethnicity. Updated May 25, 2023. Accessed September 24, 2024. [https://archive.cdc.gov/www\\_cdc\\_gov/coronavirus/2019-ncov/covid-data/investigations-discovery/hospitalization-death-by-race-ethnicity.html](https://archive.cdc.gov/www_cdc_gov/coronavirus/2019-ncov/covid-data/investigations-discovery/hospitalization-death-by-race-ethnicity.html)



# Be the **Lifeline**

## Host a Red Cross Blood Program

The American Red Cross is proud to partner with the National Association of Hispanic Nurses to build a more equitable and resilient blood supply. Did you know someone in the U.S. needs blood every 2 seconds? Together, we can ensure that every patient has access to the lifesaving care they need. By hosting a blood drive through your NAHN chapter, you can make a lasting impact on patients and families across the country.

### Ready to start a blood program?



Email [Bryana.Renner@Redcross.org](mailto:Bryana.Renner@Redcross.org)



Visit [Redcrossblood.org](https://Redcrossblood.org) for additional info



Stop by Booth #300 to learn more!



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