

# *Legacy of Empowerment: 50 Years Strong*



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Past President (1998-2000)

## *Key Initiatives/Achievements*

- NAHN member since 1986 while attending nursing school.
- There were three goals of my tenure
  - the first was to grow the membership because we had less than 1000 members and my goal was to get us up to at least 1000, which we achieved.
  - The second goal was to support the chapters across the country and to see their viability and excitement to come together.
  - The third goal was financial sustainability. As with most and all non-profit organizations, financial sustainability is critical. The way we achieved that was through contributions and financial support from different companies such as Johnson & Johnson, Proctor and Gamble and Pfizer. The other accomplishment during that time was having the National House, contributed by Jane Delgado, our little office in Washington D.C. and we were able to get a parttime receptionist for the office.

## *Final thoughts*

“Support one another and avoid drama—this isn’t about any one person; it’s about the organization and our mission to uplift and inspire more Latinas(os) to join the nursing profession. Let’s step out of our silos and connect across chapters, across the country, and with past and present Latino leaders—nurses or not. They have so much to offer. NAHN has accomplished a lot, but there’s still important work ahead—especially in educating our communities and navigating healthcare challenges like the loss of Medicare and Medicaid benefits. Be a leader wherever you are—use your voice, share your ideas, and know that you matter.

NAHN played a vital role in my own growth, and it can in yours too—but the impact depends on what you give. You get back what you invest. Stay engaged, stay vocal, and continue to support your only voice and national Hispanic nursing organization—NAHN.”

